

Minutes

Mental Health Advisory Council Tuesday, January 12, 2021, 2:30, Zoom

Attendees:

Members:	⊠Carl Harju*	☐ Mona Trebesch*
□ Cathy Elfstrand*	⊠Eric Nagel*	⊠Commissioner Mark Daleiden*
⊠Stephanie Kantola*	☐ Mary Sodergren*	
⊠Stephanie Barnes*	⊠Kristy Potter*	⊠Tammi Dahlman*
☐Tina Sklors*	⊠Jim Becker*	*=MHAC Member
☐Rodney Wurm*		
HHS Staff Attendees: Chad Miller, Gretchen Backer Other Attendees: Bethany Oberg, Leon Flack, Michelle Swenson, Krissy Eich, Dana Seelen, Pat Budke, Jennifer Jiang, Stacy Doyle, Molly Hayen		

- 1. Welcome and Introductions
 - a. Brief introductions of those in attendance
- 2. Approval of the Agenda (any additions)
 - a. Carl H. makes motion to approve 1/12/2021 agenda, Jim Becker seconds motion. Motion carried.
- 3. Approval of the MHAC Minutes from 11/10/2020
 - a. Cathy E. makes motion to approve 11/10/2020 minutes, Carl H. seconds motion. Motion carried.
- 4. Voting for Chair and Vice Chair positions
 - a. Mark D. makes motion for Eric N. to remain Chair, Sandy G. seconds motion. Sandy G. calls for vote for Eric N. to be Chair of MHAC, all in favor, no opposition. Motion passes for Eric N. to remain Chair.
 - b. Mark d. makes motion for Carl H. to remain Vice Chair, Sandy G. seconds motion. Sandy G. calls for vote for Carl H. to be Vice Chair of MHAC, all in favor, no opposition. Motion passes for Carl H. to remain Vice Chair.
- 5. Sub-committee Reports
 - a. Wright Mental Health (WMH) Pat B.
 - No updates at this time from WMH
 - b. MAPP (Mobilizing for Action Through Planning and Partnership) Updates Sarah G.
 - No updates at this time from MAPP
 - c. Public Health, Suicide Prevention Grand Award Update(s) Jacob Anson
 - Jacob is still waiting on approval to do training online but no answer at this time
- 6. Unmet Needs and Possible Solutions Discussion
 - a. Gretchen B. sent up to date 2020 unmet needs list to the committee members and those who attend

- b. Eric N. offers to present the 2020 unmet needs list at February 2021 board meeting
- c. Eric N. brings up the idea of looking at a Coalition of Food Shelves and the idea of a mobile food shelf for county residents who are unable to get out of their homes

7. Action Items

- a. Eric N. would like to see group stay more connected than just every other month and encourage more frequent information sharing throughout the year
 - Suggestion made for people to pass along information via email chains stemming from emails sent by Gretchen Backer to entire list of members and community members.
- 8. Information Sharing/Other
 - a. Bethany O. CAMHI
 - Upcoming trainings
 - (a) January training on the commitment process
 - (b) February training on guardianship
 - Homeless outreach
 - (a) Purchases have been made for the homeless
 - ♦ Tents, sleeping bags, yoga mats, backpacks, coats, gloves, hats, etc.
 - b. Stephanie B. CMMHC
 - In the process of hiring more staff, therapists to make services more accessible and increase coordination of services, integration of care physical and mental health
 - Working on CCBHC process
 - c. Mark D.
 - Shares information on the dental center that will be in the new government building, those on Medicare will be eligible to have services done at this new facility
 - People who live outside of Wright County will be able to be seen at this facility, too
 - d. Jennifer J. Blue Cross Blue Shield
 - BCBS have partnered with Wright County to pilot a dental regional coordinator
 - Regional coordinator is housed right at Wright County Public Health
 - (a) Gregory Wise just started with the county last month
 - BCBS offers telehealth services to members, doctor on demand
 - (a) Blue Plus members can access for medical or psychiatric providers, unlimited e-visits, medical 24/7 and mental health visits are available by appointment 7 am -11 pm
 - Blue Plus offers care management to their members
 - e. Tammi D. LTC Services
 - Round 1 of vaccines are done in her facility and currently waiting on round 2.
 - f. Sandy G. FYCC
 - FYCC has been very busy due to food shortage
 - (a) Seeing a lot of food insecurities for children due to schools not being in person, children don't have access to food

- Porch drop offs have been very frequent for those in need
- FYCC can provide beds for children in need.
 - (a) Beds can most often times be delivered to the child in need within a few days
 - (b) FYCC provides a mattress, bedding, pillows, stuffed animal.
 - (c) Limit one per child, per household
- g. Eric N. WCCA
 - Over 9000 meals have been distributed over the COVID pandemic to those unable to get out of their homes for Wright County and Western Hennepin County
 - Have been approved for servicing waivered clients but waiting on approval from PMAPs still
- h. Chad M Wright County Youth Services Supervisor
 - Seeing an increase in needs due to the pandemic
- i. Kristy Potter Wright County Foster Care Provider
 - Seeing a large increase in Relative Foster Care
 - Non relative foster care has seen a decrease in need due to the increase in relative foster care

Sandy G. makes motion to adjourn meeting, Mark D. seconds motion. Motion carried. Meeting closed at 3:56 pm