



Minutes

Mental Health Advisory Council

Tuesday, January 14, 2020, 2:30 – 4:30 pm, Wright County Health & Human Services, Room 144

Attendees:

Members:	<input checked="" type="checkbox"/> Carl Harju*	<input checked="" type="checkbox"/> Mona Trebesch*
<input checked="" type="checkbox"/> Cathy Elfstrand*	<input checked="" type="checkbox"/> Eric Nagel*	<input checked="" type="checkbox"/> Commissioner Mark Daleiden*
<input type="checkbox"/> Stephanie Kantola*	<input type="checkbox"/> Brandon Pellaton*	<input type="checkbox"/> Sandra Greninger*
<input type="checkbox"/> Sheila Knop LaPlant*	<input checked="" type="checkbox"/> Mary Sodergren*	<input type="checkbox"/> Tammi Dahlman*
<input type="checkbox"/> Ashley McKeown*	<input checked="" type="checkbox"/> Kristy Potter	<input checked="" type="checkbox"/> Rodney Wurm*
<input checked="" type="checkbox"/> Stephanie Barnes*	*=MHAC Member	

HHS Staff Attendees: Diane Erkens, Gretchen Backer

Other Attendees: Michelle Swenson, Pat Budke, Gary Sprynczynatyk, Jacob Anson, Dana Seelen, Bethany Oberg, Stacy Doyle, Krissy Eich

1. Welcome and Introductions
 - a. New Members
 - Kristy Potter, Community Member and Foster Parent
2. Approval of the Agenda
 - a. Harju moved, second Trebesch, to approve the agenda.
3. Approval of MHAC Minutes from 11/19/2019
 - a. Trebesch moved, second Elfstrand, to approve the November 19, 2019 minutes. Motion carried.
4. Sub-committee reports
 - a. Wright Mental Health (WMH) – Pat Budke
 - The poster project is still ongoing. Funding is available for the posters to cover fees to produce.
 - Stephanie Barnes and Sheila Knop LaPlant discussed the posters previously but Stephanie would follow up with Sheila to check status.
 - Green Resource pads are still available, Pat will bring more to upcoming MHAC meetings for distribution.
 - b. MAPP Update – Jacob Anson (Sarah Grosshuesch not in attendance)
 - Needs assessment was done throughout the community to learn the priority areas. Still in process.
 - c. Public Health, Suicide Prevention Grant Award Update – Jacob Anson
 - Safe Talk presentations, Jacob is now a certified SAFETALK trainer.
 - Training is geared towards general public, evidence based 15 years old and up.
5. Unmet Needs and Possible Solutions Discussion
 - a. Additions – Need for more mental health training throughout community

b. Eric Nagel will present to the board the list of the Unmet Needs List on 02/10/2020 at 1:30 pm.

6. Action Items

- a. Verbally approved by members to have the MHAC list distributed to those in attendance. Request was made by Mary Sodergren to have list distributed for contact outside of meetings.
- b. Consensus is to keep meeting time and location as is. No need to move to larger/different space. No need to change time of meeting.
 - Next meeting will be held at Wright County Historical Society
- c. Member Bios.
 - Mona Trebesch, Mary Sodergren, Cathy Elfstrand, Carl Harju and Eric Nagel discuss their bios for voting members.
 - Krissy Eich discusses bio for community members in attendance.

7. Special Election for open position of Chair

- a. Elfstrand nominates Nagel for Chair, second Barnes, to elect Nagel as MHAC Chair. Motion carried.
- b. Commissioner Daleiden nominates Harju for Vice Chair, second Trebesch. Motion carried.

8. Information Sharing

- a. Stephanie Barnes with CMMHC shared that the St. Cloud location is looking at having a Social Worker ride along with St. Cloud PD for mental health/crisis situations.
- b. Diane Erkens shared that the county has hired a full time, adult outreach social worker position that will start 02/03/2020.
- c. Carl Harju informed group of the A-Z Mental Health Run coming up on May 16, 2020. Funds raised go towards a scholarship for students looking to go to school in the mental health field.
- d. Bethany Oberg with CAMHI let group know they will be doing mini grants again this year. More information to come on the application process. On 02/13/2020 there will be a Safe Talk class in Elk River, currently 4 spots left in class. On April 28th and 29th there are trainings on depression and anxiety in older adults. April 28th class is in Sauk Rapids and April 29th class is in Elk River.
- e. Eric Nagel shared news that WCCA has a grant available for supportive services for any evidence-based trainings for caregivers. There is enough funding to service 40-50 people.
- f. Group made decision to change location for March 2020 meeting to the Wright County Historical Society. 2001 Hwy 25 N, Buffalo, MN 55313.

Elfstrand moved, second Harju, to adjourn meeting. Motion carried. Meeting adjourned at 4:19 pm.