

Fireworks Painting

www.happinesishomemade.net

Fireworks painting is a quick and easy 4th of July kids craft activity that can keep little ones entertained for ages! Lots of fun for kids ages 2-10! Start by cutting a toilet paper roll into 2" long fringes.



Open up the fringe so that it sits flat against the table, and place the roll on to a paper plate that has been covered in a layer of tempera or acrylic paint. For our fireworks we used four rolls/plates – red, white, blue, and a glittery mix of all three colors.



Frequently Used Phone Numbers

New providers are often overwhelmed with all of the information they have just learned through the licensing process, and all of the information they are required to keep track of as licensed providers.

This is one of the reasons we created the Provider Handbook, and put a variety of information on the county website. Hopefully providers are able to find what they need, or can call their licensor for assistance.

Below is a link to one of the resources in Chapter 17 of the Provider Handbook. It is a list of frequently used phone numbers. Everything from places where providers can get their fire extinguishers serviced, to who to call for a well water test kit, to where to refer a family who would like to apply for WIC.

[www.co.wright.mn.us/
DocumentCenter](http://www.co.wright.mn.us/DocumentCenter)



Rule Review: MN Statute 245C.05 subd 6b

(b) If a background study is initiated by an applicant, license holder, or other entities as provided in this chapter, and the applicant, license holder, or other entity receives information about the possible criminal or maltreatment history of an individual who is the subject of the background study, the applicant, license holder, or other entity must immediately provide the information to the commissioner.

According to MN Statute, license holders are required to notify licensing if someone associated with their license, which is subject to a background study (household member, caregiver, etc) is arrested, or the provider becomes aware of their criminal or maltreatment history. Providers can simply call their licensor and provide the information. An arrest does not automatically mean that the person would be disqualified. Only certain crimes are listed in MN Statute 245C as licensing disqualifications. Please contact you licensor with any questions.

Upcoming Trainings:

SUID/AHT (Sudden Unexpected Infant Death and Abusive Head Trauma) Training

Please register by calling or emailing Terri Burkhart. If you are not familiar with the training location, please ask for directions and plan extra travel time. Training does not have to be taken in the county in which you are licensed. Registration is required in order to make sure that enough materials and space are available. Payment can be made over the phone. Class fees are non-refundable unless you reschedule. A minimum of 10 participants need to be registered in order to hold class. Class will be canceled one week prior to class if the minimum is not met. Note: These trainings are approved on the MNCPD Registry

Date:	July 21, 2016
Time:	6:00 PM to 8:00 PM
Location:	Wright County Health & Human Services 1004 Commercial Drive Buffalo, MN 55313
Contact:	763-682-7516 or terri.burkhart@co.wright.mn.us
Cost:	\$10.00



Date:	September 20, 2016
Time:	9:00 AM - 12:00 PM
Location:	Wright County Health & Human Services 1004 Commercial Drive Buffalo, MN 55313
Contact:	763-682-7516 or terri.burkhart@co.wright.mn.us
Cost:	\$15.00 for Wright County residents; \$20.00 for providers outside of Wright County

C.A.R.S (Children and Restraint Systems)

To make sure there is available space in each class, you must pre-register by calling Terri Burkhart or emailing. Class fees are non-refundable unless you reschedule. A minimum of ten participants need to be registered in order to hold class. Class will be canceled one week prior to class if the minimum is not met. No admittance after class has started. Note: These trainings are approved on the MNCPD Registry.



4 Square for Childcare

Childcare gardening is a great way to introduce children to the flavor of fresh vegetables, caring for plants and harvesting the fruits of their labors. It also provides many opportunities for physical activity, from digging in the soil to watering the plants.

With these benefits in mind, Live Wright provided grants of up to \$300 to 14 childcare providers in Wright County to plant a 4 Square Garden with children in their care and promote nutritional messages among families and staff. Grant money was spent on supplies for 4' x 4' garden boxes, soil, seeds, gardening tools, watering cans, hoses and printed materials promoting the consumption of fresh vegetables.

In addition to the \$300 grants, SHIP staff provided four hours of training for childcare providers. The training included quality improvement and policy development related to healthy eating and nutrition education for young children, basic gardening principles, food safety, garden safety and integrated pest management. Each site receiving a grant agreed to plant "kid friendly" vegetables (vegetables that can be harvested, washed and eaten in their natural state), develop a healthy food policy statement, meet with SHIP staff three times over the summer of 2016 and attend a post evaluation training in September. The training also provided childcare staff with hands-on learning activities such as a "Throw in the Snow" garden, newspaper seedling pots, lettuce planters for children to take home to their families.



GARDENING HELPS INTRODUCE AND ENCOURAGE CHILDREN TO EAT A VARIETY OF VEGETABLES BY:

-  Increasing opportunities to taste and eat vegetables
-  Creating a supportive environment for eating vegetables
-  Providing opportunities for hands-on experiences with vegetables
-  Connecting childcare gardening activities with their home environment



Albertville Farmers Market

ON MAIN AVENUE IN ALBERTVILLE

When: 3-7 p.m. Thursdays
starting June 16

**FREE for Kids
Ages 4-12**

Where: Albertville Farmers Market - Central Park

How: Visit the Power of Produce Kids Club
registration table to sign up



Join the PoP Club

KIDS! Each week, you will get a **FREE** \$2 token to buy your own **fresh** fruits and vegetables from local farmers

June 16 - September 29

Live music, special events and **fun** activities for all



Questions? visit
www.myfycc.com



Sponsored by Live Wright, Crow River Food Council,
Wright County Area United Way, FYCC, HealthSource Chiropractic, and
Lifetime Fat Loss Centers of Albertville



When: 3:30 - 7 p.m. Thursdays
starting July 14

FREE for Kids
Ages 4-12

Where: Monticello Farmers Market - Library
parking lot

How: Visit the Information Table at the Farmers
Market to sign up



Join the PoP Club

KIDS! Each week, you will get a **FREE** \$2
token to buy your own **fresh** fruits and
vegetables from local farmers

July 14 - September 29

Special events and **fun** activities for all ages

Sponsored by Monticello Farmers Market, Live Wright, Crow River Food Council,
Wright County Area United Way, All 4 Kids, CentraCare Health - Monticello,
Center for Family Counseling, Rotary Club of Monticello and RiverWood Bank

Questions? visit

www.monticellocommunitycenter.com/farmers-market.html

Ideas for Talking to your Children about Zika



Your children may have heard about the Zika virus disease (Zika) outbreak and may have questions about it. Children can better cope with any disease outbreak when they know more about what is happening and that they can do something to help protect themselves, family, and friends.

It's important that children understand anyone living in or traveling to an area with Zika may be at risk for getting sick. People who are not living in or traveling to an area with Zika are not likely to get Zika. There are steps we can take to prevent catching and spreading Zika.

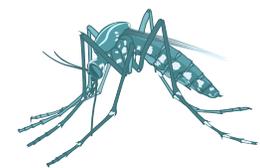
By tailoring your conversation to your child's age, developmental stage, and concerns, you can help him or her understand and cope with the current Zika outbreak.

For children of all ages, start the conversation by asking: What have you heard about Zika?

- ◆ Listen to see if your children have any fears about Zika.
- ◆ Learn what your children have heard and correct any misinformation.
- ◆ Let your children know that you are open to answering questions and talking about Zika.
- ◆ Limit your children's exposure to news reports and media on Zika. When they see a lot of information, it may seem like the risk is bigger than it really is.

Explain what you know about Zika, simply and directly. Here are some facts you can talk about with children.

- ◆ Zika is mostly spread by getting bitten by a certain type of mosquito.
- ◆ Any person that lives in an area where the type of mosquito that spreads Zika lives could catch Zika through a mosquito bite.
- ◆ A mosquito that bites a person who has Zika can get infected and spread it to another person through bites.
- ◆ They can only catch Zika if they live in or travel to an area where mosquitoes are spreading Zika and are bit by a mosquito carrying Zika.
- ◆ Everyone can take steps to prevent mosquito bites to protect themselves and others. Children can help remind adults about taking steps to protect the family from mosquito bites.
- ◆ Most people infected with Zika will not get sick. The people who do get sick will probably only feel a little sick for a few days. They might not even know they have Zika.
- ◆ People who do get sick with Zika might get a fever, rash, joint pain (like in elbows or knees), or red eyes.
- ◆ There is no medicine or vaccine for Zika. If people get sick they will go to the doctor for some tests. People who get Zika can feel better by getting a lot of rest and drinking fluids and taking medicine for pain.



The government, doctors, health departments, and their community are taking steps to keep everyone healthy.

Gently correct incorrect information and rumors

- ◆ If your children have incorrect information about Zika, give them the correct information clearly, using words they understand.
- ◆ Make sure you check facts from reliable sources, such as CDC's Zika Virus website, your pediatrician, or your state or local health department.

Help children if they are not coping well

- ◆ Children do not always know how to express what they are feeling in words. Look for cues about whether they are worried by the types of questions they ask. Other non-verbal cues include temper tantrums, irritable moods, trouble falling or staying asleep, changes in appetite, or changes in behavior.
- ◆ If they seem worried, encourage them to express how they are feeling and ask questions.

Explain to children what they can do to prevent the spread of Zika

The best ways to prevent getting Zika are to protect from getting mosquito bites. Here are some ways:

- ◆ Wear long-sleeved shirts and long pants.
- ◆ When not playing outdoors, stay in places with air conditioning and window and door screens to keep mosquitoes outside.
- ◆ (If traveling to an area with Zika) Sleep under a mosquito bed net. This is netting that serves as a tent over a bed to keep bugs away while people sleep.



Very Young Children: Children even as young as 4 years old may hear about Zika. It's best that they learn about Zika through a parent or caregiver instead of a classmate or the media. Tell children what is going on, possible ways it could affect them, and what is being done to keep them safe.

Older Children: Grade school children and teens will likely want and benefit from more information on control and prevention of Zika transmission. If children are watching media coverage, consider watching it with them.



- ◆ **For younger children:** They should not try to put bug spray on themselves. Adults should put bug spray onto skin that is not covered by their clothes. *(Adults, please note: Use Environmental Protection Agency (EPA)-registered insect repellents. Do not use insect repellents on babies younger than 2 months old. Do not use products containing oil of lemon eucalyptus or para-menthane-diol on children younger than 3 years old).*
- ◆ **For teens (children old enough to apply their own repellent):** Use Environmental Protection Agency (EPA)-registered insect repellents. It will say that it is EPA registered on the bottle. When used as directed, EPA-registered insect repellents are proven safe and effective.
 - » Always follow the instructions, and make sure to check them to see if they need to reapply it.
 - » Do not spray it on the skin under clothing.
 - » If they are also using sunscreen, they should put the sunscreen on before putting on insect repellent.

Talk to your pediatric healthcare provider if you have questions or concerns about your child or how to talk with him or her about Zika.