



Adult Mental Health Initiative
Benton, Sherburne, Stearns, Wright Counties

Adult Mental Health Resource Guide

www.mnmentalhealth.org

Four County Crisis Response Team
800-635-8008 or 320-253-5555

Adult Mental Health Initiative

CommUNITY Adult Mental Health Initiative 320-253-4136 Fax: 320-253-4179
Midtown Square 3333 W Division Street Suite 217 St. Cloud, MN 56301

Crisis

Crisis Nursery

Benton & Stearns County	320-654-1090
Sherburne County	800-433-5239, 763-765-4000
Wright County	800-965-1430, 763-271-1680

Four County Crisis Response Team 800-635-8008, 320-253-5555

National Suicide Prevention Hotline 800-SUICIDE (784-2433)

SAVE Suicide Hotline 888-511-SAVE (7283)

Suicide Prevention National Hotline 800-273-TALK (8255)
Press "1" for Veterans

Veterans Homeless Line 877-4- AID -VET

County Agencies

Benton County www.co.benton.mn.us
Human Services 800-530-6254, 320-968-5087
531 Dewey Street Box 740 Foley, MN 56329
Sheriff's Office 320-968-7201
581 Highway 23 Box 159 Foley, MN 56329

Sherburne County www.co.sherburne.mn.us
Human Services 800-433-5239, 763-765-4000
Sheriff's Office 763-765-3500
13880 Business Center Drive Elk River, MN 55330

Stearns County www.co.stearns.mn.us
Human Services 800-450-3663, 320-656-6000
Sheriff's Office 320-259-3700
705 Courthouse Square St. Cloud, MN 56303

Wright County www.co.wright.mn.us
Human Services 800-362-3667, 763-682-7400
1004 Commercial Drive Buffalo, MN 55313
Sheriff's Office 763-682-1162
3800 Braddock Avenue NE Buffalo, MN 55313

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Behavioral Health Hospitals

Abott Northwestern Hospital 800 E 28 th Street Minneapolis, MN 55407 www.abottnorthwestern.com	612-863-4000
Hennepin County Medical Center 701 Park Avenue Minneapolis, MN 55415 www.hcmc.org	612-873-3000
Hutchinson Medical Center 3 Century Avenue SE Hutchinson, MN 55350 www.hahc-hmc.com	320-587-2020
Mercy Hospital 4050 Coon Rapids Boulevard Coon Rapids, MN 55433 www.allinamercy.org	763-236-6000
North Memorial 3300 Oakdale Avenue N Robbinsdale, MN 55422 www.northmemorial.com	763-520-5200
St. Cloud Hospital Behavioral Access Nurse 1406 6 th Avenue N St. Cloud, MN 56303 www.centracare.com	320-251-2700 320-255-5774 Fax: 320-656-7106
University of Minnesota Medical Center, Fairview 2450 Riverside Avenue Minneapolis, MN 55454 www.uofmmmedicalcenter.org	612-273-3000

Community Behavioral Health Hospital

*Accessed through Central Pre-Admissions	866-966-2337 Fax: 763-712-4119
Annandale 400 Annandale Boulevard Annandale, MN 55302	651-259-3850 Fax: 320-274-7018

Mental Health Treatment

Assertive Community Treatment (ACT)

Great River ACT – St. Cloud 320-253-4120 Fax: 320-253-4179
3333 W Division Street Suite 217 St. Cloud, MN 56301
www.cmmhc.org

Great River ACT – Monticello 763-271-5340 Fax: 763-271-5350
407 Washington Street Monticello, MN 55362
www.cmmhc.org

Counseling & Psychiatric Services

Behavior Wizards 320-251-6059
2131 Troop Drive Sartell, MN 56377
www.behaviorwizards.com

Bridging Hope Counseling 763-291-5505 Fax: 763-682-2449
311 Brighton Avenue Suite B Buffalo, MN 55313
www.bridginghopecounseling.com

Bridging Hope Counseling 763-291-5505 Fax: 763-657-0819
21000 Rogers Drive Suite 200 Rogers, MN 55374
www.bridginghopecounseling.com

Catholic Charities – Caritas Mental Health Clinic 320-650-1660 Fax: 320-650-1672
911 18th Street N St. Cloud, MN 56302
www.ccstcloud.org

Center for Psychological Services 320-255-0343 Fax: 320-654-0318
600 25th Avenue S Suite 109 St. Cloud, MN 56301
www.scpsychologicalservices.com

Central Minnesota Mental Health Center 763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

Central Minnesota Mental Health Center 763-441-3770 Fax: 763-441-9057
253 8th Street NW Suite A Elk River, MN 55330
www.cmmhc.org

Central Minnesota Mental Health Center 763-295-4001 Fax: 763-295-5086
407 Washington Street Monticello, MN 55362
www.cmmhc.org

- Central Minnesota Mental Health Center** 320-252-5010 Fax: 320-252-0908
 1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org
- Core Professional Services** 320-202-1400 Fax: 320-202-8662
 110 14th Avenue E Sartell, MN 56377
- Dept of Veterans Affairs–St. Cloud Medical Center** 320-252-1670
 4801 Veterans Drive St. Cloud, MN 56301
www.va.gov
- Effective Living Center, Inc.** 320-259-5381 Fax: 320-259-6171
 821 W Saint Germain Street St. Cloud, MN 56301
www.effectivelivingcenter.com
- Element Mental Health Services** 320-257-6020 Fax: 320-259-0791
 1204 7th Street S Suite 105 St. Cloud, MN 56301
www.elementmentalhealth.vpweb.com
- Fairview Counseling Center** 763-241-5870 Fax: 763-241-5872
 290 Main Street Suite 140 Elk River, MN 55330
www.fairview.org
- Fairview Counseling Center** 763-398-6326 Fax: 763-389-6455
 25945 Gateway Drive Zimmerman, MN 55398
www.fairview.org
- Fairview Northland Medical Center** 763-389-1313
 911 Northland Drive Princeton, MN 55371
www.fairview.org
- Family Counseling Center** 763-682-5420 Fax: 763-682-5803
 102 Marty Drive Suite 2 Buffalo, MN 55313
- Family Prospective Resources, Inc.** 763-367-6080 Fax: 763-263-7897
 101 Jefferson Boulevard Suite A Box 3 Big Lake, MN55309
www.familypros.com
- Hardy & Stephens Counseling** 763-633-5111 Fax: 763-633-5112
 11070 183rd Circle Suite C Elk River, MN 55330
www.hardystephens.com
- Health Partners Clinic – Behavioral Health** 320-253-6952 Fax: 320-203-2255
 2251 Connecticut Avenue S Sartell, MN 56377
www.hpcmc.com

Lutheran Social Services 320-251-7700 Fax: 320-251-8898
22 Wilson Avenue NE Suite 110 St. Cloud, MN 56304
www.lssmn.org

MarketPlace Counseling 320-253-4080 Fax: 320-253-4088
110 2nd Street S Suite 303 & 304 Waite Park, MN 56387

Nystrom & Associates, LTD 763-746-9492 Fax: 763-746-3685
16201 90th Street NE Suite 200 Otsego, MN 55330
www.nystromcounseling.com

Pathways Psychological Services, P.A. 763-241-8157 Fax: 763-241-7670
19230 Evans Street NW Suite 202A Elk River, MN 55330
www.pathwayspsych.com

Processus Counseling and Consulting Services 320-252-2976 Fax: 320-656-1570
110 2nd Street S Suite 301 Waite Park, MN 56387
www.processus-counseling.com

Psychotherapeutic Resources 320-253-3715 Fax: 320-252-2567
325 33rd Avenue N Suite 103 St. Cloud, MN 56303
www.yourcaringresource.com

St. Cloud Hospital – Behavioral Health Clinic 320-229-4945 Fax: 320-229-5179
1900 CentraCare Circle Suite 1000 St. Cloud, MN 56303
www.centracare.com

Solutions Behavioral Healthcare Professional's 320-351-4871 Fax: 320-351-4871
508 Main Street S Sauk Centre, MN 56378
www.solutionsinpractice.org

Solutions Behavioral Healthcare Professionals 320-281-5305 Fax: 320-281-5306
423 Great Oak Drive Waite Park, MN 56387
www.solutionsinpractice.org

Solutions Counseling 763-515-4563, 888-863-6360
112 Central Avenue NE Suite A Box 351 St. Michael, MN 55376
Fax: 763-497-0552
www.helpwithsolutions.com

The Center for Family Counseling 320-253-3540 Fax: 320-253-1475
2025 Stearns Way Suite 111 St. Cloud, MN 56303
www.healinginchrist.com

Twin Cities Behavioral Health, PC 952-831-3662 Fax: 952-831-3559
2 Division Street E Suite 103 Buffalo, MN 55313

Village Family Service Center 320-253-5930 Fax: 320-258-4632
4140 Thielman Lane Suite 303 St. Cloud, MN 56301
www.thevillagefamily.org

Day Treatment

Central Minnesota Mental Health Center 763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

Central Minnesota Mental Health Center 320-252-5010 Fax: 320-252-0908
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org

Twin Cities Behavioral Health, PC 952-831-3662 Fax: 952-831-3559
2 Division Street E Suite 103 Buffalo, MN 55313

Intensive Residential Treatment (IRT)

Annandale 320-274-4060 Fax: 320-274-4069
380 Annandale Boulevard Annandale, MN 55302
www.cmmhc.org

Fresh Start (Female only, specializes in DBT) 218-724-2945 Fax: 218-724-0699
1610 E First Street Duluth, MN 55812

Northway 320-252-8648 Fax: 320-529-4909
1509 24th Avenue N St. Cloud, MN 56303
www.cmmhc.org

Chemical Dependency/Addiction

Al-Anon	800-344-2666 www.al-anon.org
Alano Club	www.onlinealano.org www.alanoclubs.org
Alcoholics Anonymous (AA)	www.aaminneapolis.org
Chemical Dependency Assessment (for public health insurance)	
Benton	320-968-5087 Fax: 320-968-5330
Sherburne	763-765-4000 Fax: 763-765-4096
Stearns	320-656-6225 Fax: 320-656-6447
Wright	763-682-7400 Fax: 763-682-7701
Detoxification	320-252-6654 Fax: 320-529-1975
1321 13 th Street N St. Cloud, MN 56303	
Drug Abuse Hotline	800-276-6818 www.acenterforrecovery.com
Gamblers Anonymous	855-2CALLGA (855-222-5542) www.gamblersanonymous.org
Narcotics Anonymous (NA)	877-767-7676 www.naminnnesota.org

Halfway Houses

East Haven (males only)	320-202-7881
1425 E Saint Germain Street St Cloud, MN 56304	
www.easthavenhalfwayhouse.com	
Focus 12 (males only)	320-252-2425
3220 Veterans Drive #6 St. Cloud, MN 56303	
Journeyhome (females only)	320-259-9149
1485 10 th Avenue NE Sauk Rapids, MN 56379	
New Beginnings at Waverly (males only)	763-658-5800, 800-487-8758
109 Northshore Drive Waverly, MN 55390	
www.newbeginningsatwaverly.com	
Passages (males only)	320-259-5692
121 Park Avenue S St Cloud, MN 56301	

Treatment Centers

- Central Minnesota Mental Health Center** 763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org
- Central Minnesota Mental Health Center** 763-295-4001 Fax: 763-295-5086
407 Washington Street Monticello, MN 55362
www.cmmhc.org
- Central Minnesota Mental Health Center** 320-252-5010 Fax: 320-252-0908
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org
- Effective Living Center, Inc.** 320-259-5381 Fax: 320-259-6171
821 W Saint Germain Street St. Cloud, MN 56301
www.effectivelivingcenter.com
- Element Mental Health Services** 320-257-6020, 855-260-6020
1204 7th Street S Suite 105 St. Cloud, MN 56301 Fax: 320-259-0791
www.elementmentalhealth.vpweb.com
- New Beginnings at Waverly** 763-658-5800, 800-487-8758
109 Northshore Drive Waverly, MN 55390
www.newbeginningsatwaverly.com
- Professional Counseling Center** 763-682-2829
7 Highway 55 Buffalo, MN 55313
- Professional Counseling Center** 763-972-6527
620 Babcock Boulevard Delano, MN 55328
- Recovery Plus** 800-742-4357, 320-229-3760
713 Anderson Avenue St. Cloud, MN 56303 Fax 320-229-3763
www.centracare.com
- Rum River Health Services** 763-389-5080
101 18th Avenue N Princeton, MN 55371
- Sobriety First** 320-251-0035 Fax: 320-251-0209
3333 W Division Street Suite 210 St. Cloud, MN 56301
- St. Cloud Metro Treatment Center (Methadone)** 320-202-1909 Fax: 320-202-1910
524 25th Avenue N St. Cloud, MN 56303
www.methadonetreatment.com

Community Services & Supports

Contact your local counseling agency or your case manager for support groups in your area

Adult Mental Health Case Management

Benton County www.co.benton.mn.us 800-530-6254, 320-968-5087

Sherburne County www.co.sherburne.mn.us 800-433-5239, 763-765-4000

Stearns County www.co.stearns.mn.us 800-450-3663, 320-656-6000

Wright County www.co.wright.mn.us 800-362-3667, 763-682-7400

If enrolled in a Minnesota Health Plan, you may be referred to another provider

Catholic Charities Hope CSP

320-240-3324 Fax: 320-240-3339

157 Roosevelt Road Suite 300 St. Cloud, MN 56301

www.ccstcloud.org

Catholic Charities – Peer Mentoring Program

320-240-3324 Fax: 320-240-3339

157 Roosevelt Road Suite 300 St. Cloud, MN 56301

www.ccstcloud.org

Central MN Re-Entry Project (Ex-offenders)

320-656-9004

Box 6064 St. Cloud, MN 56302

www.cmnrp.com

Disability Linkage Line

866-333-2466

Independent Lifestyles – Peer Mentoring Program

320-529-9000, 888-529-0743

215 N Benton Drive Sauk Rapids, MN 56379 Fax: 320-529-0747

www.independentlifestyles.org

Love INC – Big Woods (Buffalo, Maple Lake, Hanover)

763-682-6820

www.loveincbigwoods.org

Love INC – Heartland (Delano, Montrose)

763-972-6547 Fax: 763-672-6548

318 Railroad Avenue Box 143 Delano, MN 55328

www.loveincheartland.org

Men's Support Line

612-379-6367

Mental Health Consumer/Survivor Network

800-483-2007, 651-637-2800

540 Fairview Avenue N Suite 301 St. Paul, MN 55104

www.mhcsn.org

National Alliance on Mental Illness – St. Cloud

888-NAMI-Helps, 320-654-1259

Box 771 St. Cloud, MN 56302

www.namihelps.org

Senior Linkage Line 800-333-2433

United Way First Call for Help 211, 800-543-7709

Adult Rehabilitative Mental Health Services (ARMHS)

Catholic Charities Hope CSP 320-240-3324 Fax: 320-240-3339
157 Roosevelt Road Suite 300 St. Cloud, MN 56301
www.ccstcloud.org

Central Minnesota Mental Health Center 763-682-4400 Fax: 763-682-1353
308 12th Avenue S Buffalo, MN 55313
www.cmmhc.org

Central Minnesota Mental Health Center 320-252-5010 Fax: 320-252-0908
1321 N 13th Street St. Cloud, MN 56303
www.cmmhc.org

Family Support Services Inc. 651-628-9556 Fax: 651-628-0411
1900 Silver Lake Road Suite 110 New Brighton, MN 55112
www.nystromcounseling.com

Goodwill/Easter Seals 320-654-9527 Fax: 320-654-9542
50 S 2nd Avenue Waite Park, MN 56387
www.goodwilleasterseals.org

REM Central Lakes, Inc. 320-259-6022 Fax: 320-259-6076
266 33rd Avenue S Suite 10 St. Cloud, MN 56301
www.remminnesota.com

Rise – Central Minnesota Works 763-441-5888 Fax: 763-441-1532
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org

Rise – Central Minnesota Works 320-656-5608 Fax: 320-656-5617
3400 1st Street N Suite 303 St. Cloud, MN 56303
www.rise.org

Solutions Behavioral Healthcare Professionals 320-281-5305 Fax: 320-281-5306
423 Great Oak Drive Waite Park, MN 56387
www.solutionsinpractice.org

Community Support Program (CSP)

Catholic Charities – Hope CSP 320-240-3324 Fax: 320-240-3339
157 Roosevelt Road Suite 300 St. Cloud, MN 56301 www.ccstcloud.org

Wright County CSP 763-682-7242

Sherburne County CSP 763-765-4000

Intensive Community Rehabilitative Services (ICRS)

Intensive Community Rehabilitative Services 320-257-4230 Fax: 320-257-2201
3333 W Division Street Suite 209 St. Cloud, MN 56301

Independent Living Skills (ILS)

Independent Lifestyles 320-529-9000, 888-529-0743
215 N Benton Drive Sauk Rapids, MN 56379 Fax: 320-529-0747
www.independentlifestyles.org

Faith in Action www.mnfia.org
Benton 320-258-8673
Sherburne 763-263-4277
Stearns 320-685-3693
Wright 763-234-3586

Opportunity Matters, Inc. 320-240-1900 Fax: 320-240-8527
701 23rd Street S Sartell, MN 56377
www.opportunitymatters.org

Recover Health 320-774-0777, 888-480-7045
3400 1st Street N Suite 305 St. Cloud, MN 56303 Fax: 320-774-0779
www.recoverhealth.org

REM Central Lakes 320-259-6022 Fax: 320-259-6076
266 33rd Avenue S Suite 10 St. Cloud, MN 56301
www.remminnesota.com

Personal Care Attendant (PCA)

Contact your insurance or county Public Health Department to access services

Accurate Home Care 763-633-3800
Arise Home Health Care 320-230-6348
Avalon 763-753-8658
Barnabas Home Care 800-434-7569
Country Manor 320-253-3343
DMT Homehealth Services 763-856-3056
Mains'I 763-494-4553 x 808
Meridian Services/Orion 320-255-5151

North Country Home Care	763-856-9955
Prairie River Home Care	320-255-1882
Recover Health	888-480-7045

Veteran's Services

Eagles Healing Nest	320-351-6200
310 Highway 74 N Unit 881 Sauk Centre, MN 56378	

Minnesota Department of Veterans Affairs	www.mdva.state.mn.us
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Veterans Linkage Line	888-LINKVET (546-5838)
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Veterans Services

Benton County Box 740 Foley, MN 56329	320-968-5044 Fax: 320-968-5239
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Sherburne County 13880 Business Center Drive Elk River, MN 55330	763-765-3100 Fax: 763-765-3124
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Stearns County 116 10 th Avenue N St. Cloud, MN 56303	320-656-6176 Fax: 320-656-6257
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Wright County 10 2 nd Street NW Buffalo, MN 55313	763-682-7326 Fax: 763-682-5320
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Financial

Energy Assistance

Salvation Army (Wright) 10904 57 th Street Albertville, MN 55301 www.thesalarmy.org	763-497-3867, Fax 763-497-3865
Salvation Army (Sherburne) 115-A Henry Road Big Lake, MN 55309	763-262-0420
Salvation Army (Benton & Stearns) 400 Highway 10 S St. Cloud, MN 56304 www.thesalarmy.org	320-252-4552 Fax: 320-252-1424
Tri-CAP, Inc. (Benton, Sherburne & Stearns) 1210 23 rd Avenue S Box 683 Waite Park, MN 56387 www.tricap.org	888-765-5597, 320-251-1612 Fax: 320-255-9518

Medication & Prescriptions

Partnership for Prescription Assistance	888-477-2669 www.pparx.org
Rx Assist Patient Assistance Program Center	www.rxassist.org
Rx Connect	800-333-2433
Rx Outreach	800-769-3880 www.rxoutreach.com
Rx Hope	www.rxhope.com
Together Rx Access	www.togetherrxaccess.com

Other Information & Financial Resources

Bridge to Benefits	www.mn.bridgetobenefits.org
Children's Defense Fund Minnesota 555 Park Street Suite 410 St. Paul, MN 55103 www.cdf-mn.org	651-227-6121 Fax: 651-227-2553
Catholic Charities (Benton, Sherburne, Stearns) 157 Roosevelt Road Suite 100 St. Cloud, MN 56301 www.ccstcloud.org	800-830-8254, 320-229-4560 Fax: 320-229-4562

Catholic Charities of St. Paul and Minneapolis (Wright) 211, 651-291-0211
1200 2nd Avenue S Minneapolis, MN 55403 United Way
www.osjspm.org

Lutheran Social Service of Minnesota 320-251-7700 Fax: 320-251-8898
22 Wilson Avenue NE Suite 110 St. Cloud, MN 56304
www.lssmn.org

Minnesota Work Incentive Connection 800-976-6728, 651-632-5113

Public Utilities Commission www.puc.state.mn.us/PUC/index.html
Energy assistance & phone line discounts

Salvation Army www.thesalarmy.org/serv/heatshare.htm
Heat & housing assistance

Salvation Army (Sherburne) 763-262-0420
115-A Henry Road Big Lake, MN 55309

Salvation Army (Benton & Stearns) 320-252-4552 Fax: 320-252-1424
400 Highway 10 S St. Cloud, MN 56304
www.thesalarmy.org

Salvation Army (Wright) 763-497-3867, Fax 763-497-3865
10904 57th Street Albertville, MN 55301
www.thesalarmy.org

The Village Family Service Center 320-253-5930, 866-304-2697
4140 Thielman Lane Suite 303 St. Cloud, MN 56301 Fax: 320-258-4632
www.thevillagefamily.org

Wright County Community Action, Inc. 320-963-6500 Fax: 320-963-5745
130 W Division Street Maple Lake, MN 55358
www.wccaweb.com

Social Security

Disability Specialists 800-642-6393

Outreach Services 800-544-9925

Social Security Administration 877-405-1446 Fax: 320-252-7870
3800 Veterans Drive Suite 100 St. Cloud, MN 56303
www.ssa.gov

SSI/SSDI Outreach, Access and Recovery (SOAR) www.prainc.com/SOAR

Housing

Adult Foster care (contact your county social service agency)

Catholic Charities – Hope CSP 320-240-3324 Fax: 320-240-3339
157 Roosevelt Road Suite 300 St. Cloud, MN 56301
www.ccstcloud.org

Catholic Charities – Housing Services 800-830-8254, 320-229-4576
157 Roosevelt Road Suite 200 St. Cloud, MN 56301 Fax: 320-253-7464
www.ccstcloud.org

Central Minnesota Habitat for Humanity 320-656-8890 Fax: 320-656-8841
777 Lincoln Avenue NE St. Cloud, MN 56304
www.cmhfh.org

Central Minnesota Housing Partnership, Inc. 320-259-0393 Fax: 320-259-9590
37 28th Avenue N Suite 102 St. Cloud, MN 56303
www.cmhp.net

Great River Family Promise 763-441-9093
Box 592 Elk River, MN 55330

Housing Link www.housinglink.org

Housing & Redevelopment Authority (HRA) 320-252-0880 Fax: 320-252-0889
1225 W St. Germain Street St. Cloud, MN 56301
(Serves Benton, Sherburne, Wright & St. Cloud city limits)
www.stcloudhra.com

Housing & Redevelopment Authority (HRA) 320-685-7771 Fax: 320-685-7580
401 West Wind Court Cold Spring, MN 56320
(Serves rural Stearns County)

Minnesota Homeownership Center www.hocmn.org

Rise – Central Minnesota Works 763-441-5888 Fax: 763-441-1532
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org

Rise – Central Minnesota Works 320-656-5608 Fax: 320-656-5617
3400 First Street N Suite 303 St. Cloud, MN 56303
www.rise.org

Rivercrest – Chronic Inebriate Housing 320-217-7970 Fax: 320-217-7971
1315 Lincoln Avenue SE St. Cloud, MN 56304
www.centercityhousing.org

The Village Family Service Center 320-253-5930, 866-304-2697
4140 Thielman Lane Suite 303 St. Cloud, MN 56301 Fax: 320-258-4632
www.thevillagefamily.org

Tri-CAP, Inc. (Benton, Sherburne & Stearns) 888-765-5597, 320-251-1612
1210 23rd Avenue S Box 683 Waite Park, MN 56387 Fax: 320-255-9518
www.tricap.org

US Department of Housing and Urban Development
www.hud.gov/apps/section8/index.cfm

Wright County Community Action, Inc. 320-963-6500 Fax: 320-963-5745
130 W Division Street Maple Lake, MN 55358
www.wccaweb.com

Board and Lodge

Brott's
305 2nd Avenue S Sauk Rapids, MN 56379 320-295-0586, 320-654-8452
129 Wilson Avenue SE St. Cloud, MN 56304 320-295-0586
920 3rd Street N Waite Park, MN 56387 320-295-0586

Cumming's Care Center 320-251-3447
216 3rd Avenue S Box 7 Sauk Rapids, MN 56379

Dream Center of St. Cloud (single men) 320-656-1550 Fax: 320-253-9735
529 16th Avenue N St. Cloud, MN 56303
www.dreamcenterstcloud.org

Homestyle Living 320-654-0650 Fax: 320-253-1671
1312 First Street N St. Cloud, MN 56303

Lange's 763-662-2836
13892 37th Street Clear Lake, MN 55319

Murphy's Boarding Home 320-251-6567
1101 3rd Street N St. Cloud, MN 56303

Place of Hope Ministries 320-203-7881 Fax: 320-203-7882
511 N 9th Avenue St. Cloud, MN 56303
www.placeofhopeministries.org

St. Elizabeth's 320-252-8350
306 15th Avenue N St. Cloud, MN 56303

Sunset Ridge of Annandale Inc. (men only) 320-274-8060
4986 County Road 6 NW Box 705 Annandale, MN 55302

Washington Homes (veteran's only) 320-203-1707
820 8th Avenue S St. Cloud, MN 56301

Emergency Shelters

Anna Marie's Alliance 320-253-6900 Fax: 320-253-5563
Box 367 St. Cloud, MN 56302
www.annamaries.org

Place of Hope Ministries 320-203-7881 Fax: 320-203-7882
511 9th Avenue N St. Cloud, MN 56303
www.placeofhopeministries.org

Salvation Army 320-252-4552 Fax: 320-252-1424
400 Highway 10 S St. Cloud, MN 56304
www.thesalarmy.com

Transitional Housing

Catholic Charities – DOMUS Transitional Housing 320-259-9270 Fax: 320-259-4967
www.ccstcloud.org

Jill Eckhoff Transition House 320-259-1173
Box 367 St. Cloud, MN 56302
www.annamaries.org

Salvation Army – Central Minnesota Program 320-252-4552
400 Highway 10 S St. Cloud, MN 56304
www.thesalarmy.com

Vocational/Employment

Central Minnesota Jobs & Training Services 800-284-7425, 763-271-3700
406 7th Street E Box 720 Monticello, MN 55362
www.cmjts.org

Complete Career Services Inc. 800-450-9408, 320-255-0685
325 33rd Avenue N Suite 108 St. Cloud, MN 56303 Fax: 320-656-1564

Functional Industries 763-682-4336 Fax: 763-682-9692
1801 Highway 25 N Box 336 Buffalo, MN 55313
www.functionalindustries.org

Goodwill – Easter Seals Minnesota 320-654-9527 Fax: 320-654-9542
50 S 2nd Avenue Waite Park, MN 56387
www.goodwilleasterseals.org

Goodwill – Easter Seals Minnesota 763-274-1823 Fax: 763-274-1825
19463 Evans Street NW Elk River, MN 55330
www.goodwilleasterseals.org

Opportunity Services 320-203-7750 Fax: 320-203-7751
1717 W Saint Germain Street St. Cloud, MN 56303
www.oppserv.org

Rise – Central Minnesota Works 763-441-5888 Fax: 763-441-1532
19050 Industrial Boulevard Suite 3 Elk River, MN 55330
www.rise.org

Rise – Central Minnesota Works 320-656-5608 Fax: 320-656-5617
3400 1st Street N Suite 303 St. Cloud, MN 56303
www.rise.org

Vocational Rehabilitation Services 763-271-3700, 888-438-5627
406 E 7th Street Box 720 Monticello, MN 55362 Fax: 763-295-6096
www.positivelymn.com

Vocational Rehabilitation Services 320-308-5320 Fax: 320-308-5335
1542 Northway Drive Door 2 St. Cloud, MN 56303
www.positivelymn.com

Wacosa 320-251-0087 Fax: 320-259-4679
320 Sundial Drive Box 757 Waite Park, MN 56387
www.wacosa.org

WorkForce Center

406 E 7th Street Box 720 Monticello, MN 55362
www.mnwfc.org

763-271-3700, 888-438-5627

Fax: 763-271-3701

WorkForce Center

1542 Northway Drive Door 2 Box 67 St. Cloud, MN 56303
www.mnwfc.org

320-308-5320 Fax: 320-308-5173

Transportation

*** For Medical appointments contact your insurance company and schedule a free ride. ***

AC Transportation Clinic Cab 800-962-3705 Fax: 763-235-2220
304 Brighton Avenue S Buffalo, MN 55313

Care Transportation (Ride Net, Care Cab, Yellow Cab) 800-535-7190, 320-251-6261
2600 7th Street N St. Cloud, MN 56303 Fax: 320-251-7930
www.caretransportation.com

Cities Edge Transportation LLC 800-418-4211, 612-418-3203
8182 Delano, MN 55328 Fax: 800-418-4211

Faith in Action www.mnfia.org
Benton 320-258-8673
Sherburne 763-263-4277
Stearns 320-258-8673
Rural Stearns (Cold Spring area) 320-685-3693
Wright 763-234-3586

Foley Area C.A.R.E. 320-968-7848 Fax: 320-968-7702
251 4th Avenue N Box 205 Foley, MN 56329
www.foleyareacare.org

Health Access Line 320-656-6137
(Stearns County for consumers with MA)

Medica Provide a Ride (Medica only) 800-601-1805
401 Carlson Parkway Minnetonka, MN 55305
www.medica.com

Metro Bus Dial A Ride 320-252-1010
665 Franklin Avenue NE St. Cloud, MN 56304
www.ridemetrobus.com

Minnesota Non Emergency Transportation (MNET) 866-467-1724
(Sherburne County for consumers with MA)

River Rider (Sherburne & Wright) 800-821-9719, 763-263-0101
Box 395 Big Lake, MN 55309

Schumacher Transportation 866-968-9939, 320-968-9939
8898 175th Avenue NE Oak Park, MN 56357 Fax: 320-968-7882

St. Cloud MTC

665 Franklin Avenue NE St. Cloud, MN 56304
www.ridemetrobus.com

320-251-RIDE (7433)

Tri-CAP Transit Connection

1200 23rd Avenue S Waite Park, MN 56387
www.tricap.org

320-202-7824 Fax: 320-529-4841

Volunteer Driver

Transportation Resource Center
Benton, Sherburne, and Stearns Counties

www.tricap.org/trc

Wright County (60+ medical only)

320-257-4456 or 877-717-1515

763-682-7487

Additional Resources

Abuse/Assault

Anna Marie's Alliance 800-950-2203, 320-253-6900
Box 367 St. Cloud, MN 56302 Fax: 320-253-5563
www.annamaries.org

Central MN Sexual Assault Center 800-237-5090, 320-251-4357
15 Riverside Drive NE St. Cloud, MN 56304

Day One Services 866-223-1111
www.dayoneservices.org/index.htm Information on domestic violence programs around the state.

www.mcbw.org/help Domestic violence programs for women available around the state.

Advocacy & Legal Aid

Central MN Legal Services 612-334-5790
430 1st Avenue N Suite 359 Minneapolis, MN 55401
www.centralmnlegal.org

Council on Crime & Justice 612-353-3024
822 S 3rd Street Suite 100 Minneapolis, MN 55415
www.crimeandjustice.org

Disability Advocates:
Outreach Services 612-332-6773
St. Cloud Housing Coalition 320-229-7684
Roseville Salvation Army 651-746-3400

Human Rights Office 320-650-3133
400 Second Street S St. Cloud, MN 56301
www.ci.stcloud.mn.us

Legal Services 800-360-2889, 320-253-0121
830 W St. Germain Street Suite 300 St. Cloud, MN 56301 Fax: 320-253-5794

Mid-Minnesota Legal Assistance 800-292-4150 Fax: 612-334-5755
430 1st Avenue N Suite 300 Minneapolis, MN 55401
www.mndlc.org

Neighborhood Justice Center 651-222-4703
500 Laurel Avenue St. Paul, MN 55102
www.njcinc.org

State Ombudsman
Mental Health & Developmental Disability 651-757-1800

Dental

Dental Associates of St. Paul 651-735-0595
1790 7th Street E St. Paul, MN 55119
www.dentalassociatesmn.com

K.O.A.L.A. Dental Care 763-682-6441
20 1st Avenue S Buffalo, MN 55313
www.themolardoctors.com

K.O.A.L.A. Dental Care 866-337-4897, 320-253-8380
1521 Northway Drive St. Cloud, MN 56303
www.themolardoctors.com

St. Cloud Technical College Dental Clinic 320-308-5919 Fax: 320-308-5055
1540 Northway Drive St. Cloud, MN 56303

University of Minnesota School of Dentistry 612-625-2495
Moos Tower 515 Delaware Street SE Minneapolis, MN 55455
www.dentistry.umn.edu

Interpreters/Cultural Competence

A-Z Friendly Languages 763-566-4312 Fax: 763-503-3977

All in One Translation Agency, LLC 952-435-0799 Fax: 952-435-0696

Arch Language Network 651-789-7897 Fax: 651-789-7898

Betmar Languages 763-572-9711 Fax: 763-571-3467
6260 Highway 65 NE Suite 308 Minneapolis, MN 55432
www.betmar.com

Bridge World Language Center, Inc. 320-259-9239 Fax: 320-654-1698
110 2nd Street Suite 213 Box 646 Waite Park, MN 56387
www.bridgelanguage.com

Catholic Charities Translation & Interpretation Services 320-469-2864
Fax: 320-654-1698

Garden & Associates, Inc. 952-920-6160
4301 Highway 7 Suite 140 St. Louis Park, MN 55416 Cell: 952-922-8150
www.gardentranslation.com

Kim Tong Translation Services 612-724-5962 Fax: 612-724-4006

Language Line 800-752-0696

Nutrition

University of Minnesota Extension Services
Benton County 800-964-4929, 320-968-5077
Sherburne County 800-433-5236, 763-241-2720
Stearns County 800-450-6171, 320-255-6169
Wright County 800-362-3667, 763-682-7394

Websites

ADHD Resources & Info	www.adhdoutloud.com
Big Give MN	www.biggivemn.org
Bipolar Disorder Information	www.healthline.com/health/bipolar-disorder
Brain Injury Alliance	www.braininjurymn.org
Department of Human Services	www.mn.gov/dhs
Disability	www.disability.gov
Disability Benefits 101	www.db101.org
Find the Light	www.findthelight.net
Help for Depression	www.helpfordepression.com
Housing Link	www.housinglink.org
Mental Health America	www.mentalhealthamerica.net
Mental Health Association of Minnesota	www.mentalhealthmn.org
Mental Health Consumer/Survivor Network	www.mhcsn.org
Minnesota Help.info	www.minnesotahelp.info
Minnesota Military Family Foundation	www.minnesotamilitaryfamilyfoundation.org
Minnesota State Advisory Council on Mental Health	www.mentalhealthcouncilsmn.com
National Alliance on Mental Illness	www.namihelps.org
National Coalition for Mental Health Recovery	www.ncmhr.org
National Council	www.thenationalcouncil.org
National Mental Health Information Center	www.mentalhealth.samhsa.gov

Office of the Ombudsman for Mental Health and Developmental Disabilities
www.ombudmhdd.state.mn.us

Resource Center to Promote Acceptance, Dignity and Social Inclusion
www.stopstigma.samhsa.gov

Social Security Online www.ssa.gov

Substance Abuse and Mental Health Services Administration
www.samhsa.gov

Suicide Awareness Voices of Education www.save.org

Ticket to Work www.yourtickettowork.com

Work Incentives Connection www.mnworkincentives.com

WRAP and Recovery Books www.mentalhealthrecovery.com

Glossary

Advanced Psychiatric Directive: A written tool used to make mental health care decisions when an individual is unable to do so because of incapacity.

Adult Foster Care: Licensed, sheltered living arrangement for up to four functionally impaired adults in a family - like environment. Adult foster care is available to persons age 18 years or older. Adult foster homes provide food, lodging, protection, supervision and household services. They may also provide living skills assistance or training, medication assistance and assistance safeguarding cash resources.

Adult Rehabilitative Mental Health Services (ARMHS): also known as the “MA Rehab Option” and Adult Mental Health Crisis Response Services are Medical Assistance (MA) State Plan Mental Health Services.

Assertive Community Treatment (ACT): An intensive, non-residential rehabilitative mental health service that is an identified evidence-based practice. ACT services are provided by multidisciplinary staff using a team approach, and directed to adults with a serious mental illness who require intensive services.

Assessment: Process of identifying: a) a person's strengths, preferences, functional skills and need for support and services; b) the extent to which natural supports are able to meet the person's need for support and services; and c) the extent to which human services agencies and providers are able to provide or develop needed support or services.

Brain Injury (BI) Waiver: Home and community - based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of an eligible person **and** who would otherwise require the level of care provided in a specialized nursing facility or neurobehavioral hospital.

Case Manager: An individual who organizes and coordinates services and supports for adults with mental health concerns.

Case Management Services: Includes a functional assessment, individual community support plan, referral and assistance in getting needed mental health and other services, coordination of services and monitoring of the delivery of services.

Community Alternatives for Disabled Individuals (CADI) Waiver: Home and community based services necessary as an alternative to institutionalization that promote the optimal health, independence, safety and integration of a person who would otherwise require the level of care provided in a nursing facility.

Community Support Plan: Person-centered plan that reflects a person's needs and preferences.

Community Support Program (CSP): Services designed to help adults with serious and persistent mental illness to function and remain in the community. These services may include; medication monitoring, assistance in independent living skills, crisis, psychological rehabilitation, and help in applying for government benefits.

Counselor/Therapist: A professional who helps with personal, social, or psychological problems.

Crisis Services: Provides specific short-term care and intervention strategies to a person due to the need for relief and support. This includes addressing both medical and behavioral needs.

Day Treatment: A short-term structured program consisting of group psychotherapy and other intensive therapeutic services provided by a multidisciplinary team. Day treatment services are provided to stabilize a recipient's mental health status while developing and improving his/her independent living and socialization skills. The goal of day treatment is to reduce or relieve the effects of mental illness and provide training to enable the recipient to live in the community.

Diagnosis (Dx): The identification of a disease or problem from signs and symptoms.

Disability: Inability to engage in substantial gainful activity by reason of any medically determined physical or mental impairment that can be expected to last for a continuous period of not less than 12 months.

Evidence-Based Practices: Interventions which have consistent scientific evidence showing that they improve client outcomes.

Federal Poverty Guidelines (FPG): Index of poverty in the United States that is updated annually; the measure forms the basis of eligibility for a number of programs.

Fee-For-Service (FFS): Payment to a provider for the provision of services on a service-by-service basis.

General Assistance Medical Care (GAMC)

A state-funded program that covers low income individuals who qualify for MA but are not categorically eligible for MA benefits (that is, they are not elderly, not disabled, not parents of minor children, not under age 21).

Group Residential Housing (GRH): A state-funded income supplement program that pays for room-and-board costs for low-income adults who have been placed in a licensed or registered setting with which a county human service agency has negotiated a monthly rate.

Health Maintenance Organization (HMO): Organization that provides an agreed-upon set of basic and supplemental health maintenance and treatment services to an enrolled group of persons in a particular geographic area.

Independent Living Skills (ILS): Services that develop and maintain the community living skills and community integration of a person. ILS is provided in the home of a person or in the community.

Intensive Residential Treatment (IRT): A short-term (90 day max), service provided in a 24 hour, 7 day a week residential setting to individuals who are in need of a more restrictive setting and are at risk of significant functional deterioration. Services are designed to develop and enhance psychiatric stability, personal and emotional adjustment, self-sufficiency, and skills to live in a more independent setting.

Jarvis: Law concerning non-compliant use of psychotropic medications.

Local Advisory Council (LAC) on Mental Health: The Mental Health Act of 1987 and the Children's Mental Health Act of 1989 require counties to establish local mental health advisory councils. The Act gives LAC's a broad role in the review, evaluation and planning of local mental health systems and reporting to the county board. Minnesota Statute 245.466.

Medical Assistance (MA)

Minnesota's basic Medicaid program.

Mental Health: Refers to how a person thinks feels and acts when faced with life's situations. It is how people look at themselves, their lives and the other people in their lives; evaluate the challenges and the problems; and explore choices. This includes handling stress, relating to other people and making decisions. Mental health is impacted by genetics, brain chemistry, trauma and environment.

Mental Health Practitioner: Person who provides services in the treatment of mental illness, under the supervision of a mental health professional.

Mental Health Professional: Licensed Psychologist, Licensed Psychological Practitioner, Licensed Independent Clinical Social Worker, Clinical Nurse Specialist Mental Health, Licensed Marriage and Family Therapist or Psychiatrist providing clinical services in the treatment of mental illness. These licensed professionals are able to complete diagnostic assessments to determine appropriate diagnoses and treatment plans.

Mental Illness: Organic disorder of the brain or a clinically significant disorder of thought, mood, perception, orientation, memory or behavior.

Mentally Ill and Chemically Dependent (MI/CD): A "dual diagnosis" of at least one form of mental illness and at least one substance use disorder.

MinnesotaCare

A program that provides access to health coverage for lower income persons. MinnesotaCare, which charges enrollment premiums based on household income, is operationally distinct from Minnesota's Medicaid program.

Ombudsman: Independent governmental official who receives complaints against government (and government-regulated) agencies and/or its officials from aggrieved persons, who investigates, and who if the complaints are justified, makes recommendations to remedy the complaints.

Personal Care Assistant (PCA): Assistance and support to eligible persons with disabilities and special health care needs, who live independently in the community. Services are provided by a qualified PCA and may be provided in the person's own home or in the community.

Protection and Advocacy (P & A): Federally funded organizations located in every state that protect the rights of persons with developmental disabilities. In Minnesota, the Disability Law Center is the designated Protection and Advocacy agency.

Psychiatrist: A Physician who specializes in psychiatry and is certified in treating mental disorders.

Psychologist: A Mental Health professional with special training to listen to people with problems and help them to resolve their problems.

Self-Determination: Person, or his or her authorized representative, makes his/her own decisions, plans his/her own future, determines how money is spent for his/her supports and takes responsibility for the decision he/she makes.

Serious and Persistent Mental Illness (SPMI): Person age 18 years or older who has a mental illness diagnosis and meets one of the following conditions:

- has undergone two or more episodes of inpatient care for mental illness within the preceding 24 months;
- has experienced a continuous psychiatric hospitalization or residential treatment exceeding six months duration within the preceding 12 months;
- has been treated by a crisis team two or more times within the preceding 24 months;
- has a diagnosis of schizophrenia, bipolar disorder, major depression or borderline personality disorder, evidences a significant impairment in functioning, and has a written opinion from a mental health professional stating he/she is likely to have future episodes requiring inpatient or residential treatment, unless community support program services are provided;
- has, in the last three years, been committed by a court as a mentally ill person under Minnesota statutes, or the adult's commitment as a mentally ill person has stayed or continued;
- was eligible under one of the above criteria but the specified time period has expired or the person was eligible as a child with severe emotional disturbance and the person has a written opinion from a mental health professional, in the last three years, stating that he/she is reasonably likely to have future episodes.

Sliding Fee Scale: Payment to a provider based on a percentage of income.

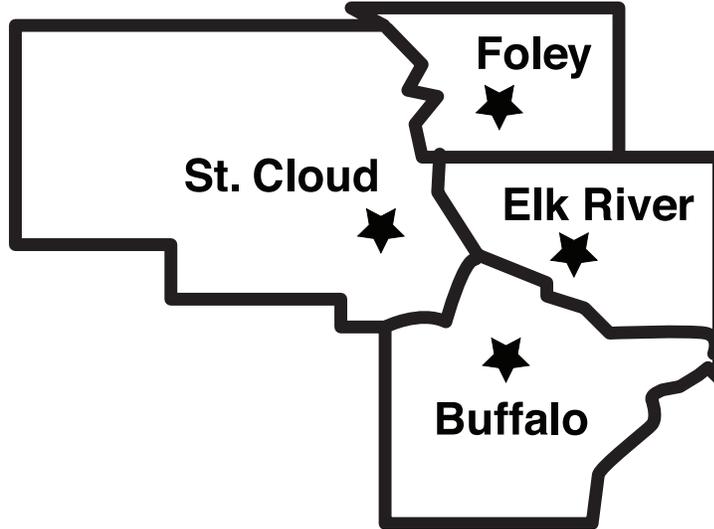
Special Needs BasicCare (SNBC): is a voluntary managed care program for people with disabilities ages 18 through 64 who have Medical Assistance. Enrollees may have a care coordinator or navigator to help them get health care and support services. SNBC health plans coordinate with other payers including Medicare Parts A, B and D coverage for enrollees who have that coverage.

Spenddown: Amount of money that a person enrolled in a Minnesota Health Care Program (MHCP) is responsible to pay before they are eligible for Medical Assistance (MA).

State Medical Review Team (SMRT): Division of the Department of Human Services who makes blind and disability determinations using criteria from the Social Security Administration. SMRT determines disability status for: individuals whose application for SSI or RSDI is pending and individuals who are disabled but are not eligible for SSI or RSDI.

Subsidy: A pre-determined amount of funding given to a private company to decrease expenses

CommUNITY



*Contact the CommUNITY Adult Mental Health Initiative
with any updated information at 320-253-4136*