

Suicide Prevention Awareness

One of us can take a step.

ALL of us, together, create strides.

Ask. Listen. Learn.



Join us in raising money for suicide prevention.

Donate new or gently used shoes.



CMMHC.ORG

For information: 320-292-9228

60
years
1959-2019



cmmhc
Central Minnesota Mental Health Center
Together, Creating a Healthier Life