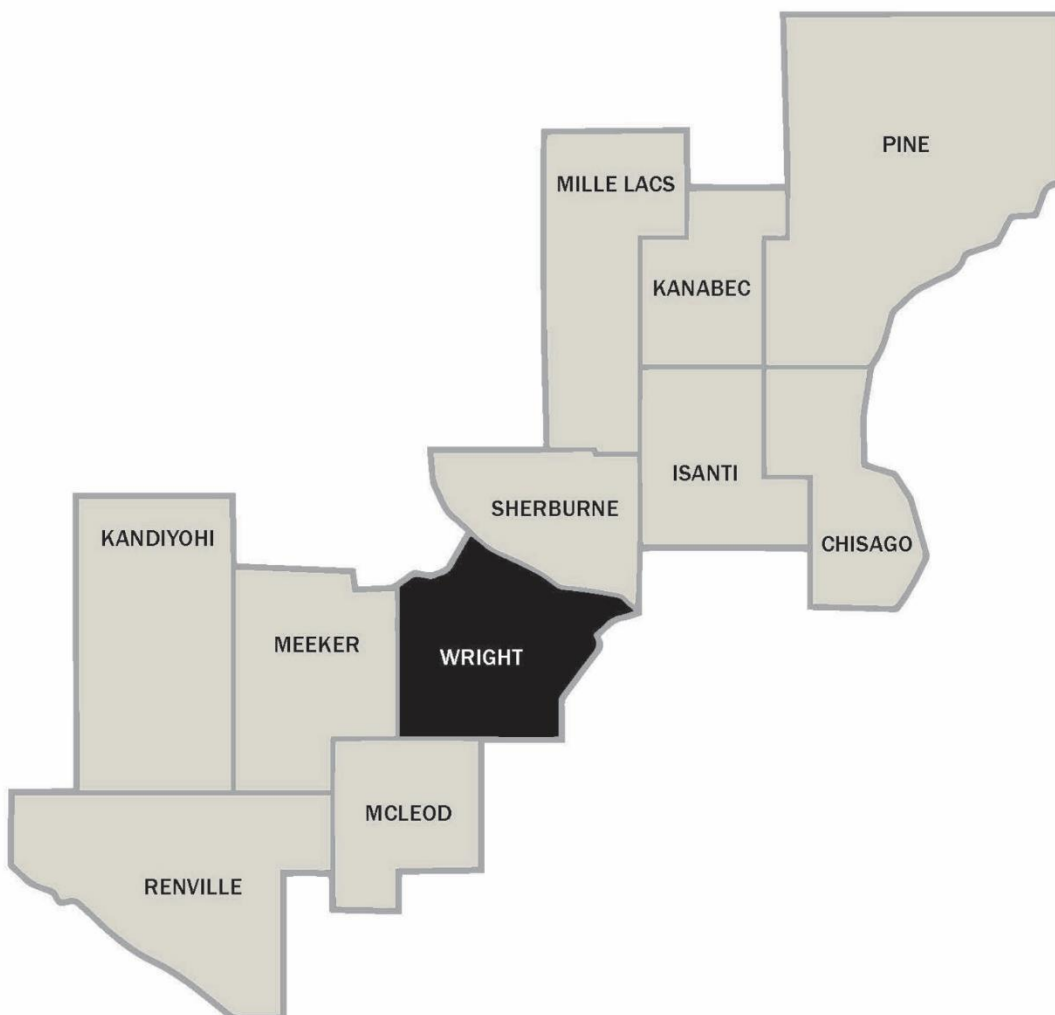


Workforce excellence is CENTRAL to all we do.

# WRIGHT COUNTY RESOURCE DIRECTORY



## ADMINISTRATIVE OFFICE

**Monticello**  
 Minnesota WorkForce Center  
 406 East 7<sup>th</sup> Street  
 P.O. Box 720  
 Monticello, MN 55362-0720  
 763.271.3700  
 763.271.3742 (TTY)

## BRANCH OFFICES

**Cambridge**  
 Minnesota WorkForce Center  
 140 Buchanan St., Suite 152  
 Cambridge, MN 55008  
 763.279.4492

**Hutchinson**  
 Minnesota WorkForce Center  
 Ridgewater College  
 Two Century Avenue  
 P.O. Box 550  
 Hutchinson, MN 55350  
 320.587.4740

**Litchfield**  
 Minnesota WorkForce Center  
 114 N. Holcombe Ave., Suite 170  
 Litchfield, MN 55355  
 320.593.1056

**Mora**  
 Minnesota WorkForce Center  
 903 East Forest Avenue  
 Mora, MN 55051  
 320.679.6484

**Olivia**  
 1005 West Elm Ave., Suite 2  
 Olivia, MN 56277  
 800.284.7425

**Pine City**  
 Pine Technical College  
 900 Fourth Street SE  
 Pine City, MN 55063  
 320.629.4555

**Willmar**  
 Minnesota WorkForce Center  
 Health & Human Services Bldg.  
 2200 23rd Street NE, Suite 2040  
 Willmar, MN 56201  
 320.441.6590

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## **EMPLOYMENT PROGRAMS**

Call toll free, 888-438-5627 for the closest WorkForce Center

### **CENTRAL MINNESOTA JOBS & TRAINING SERVICES, INC.**

406 7<sup>th</sup> Street East  
P.O. Box 720  
Monticello, MN 55362  
1-800-284-7425  
763-271-3700  
[www.cmjts.org](http://www.cmjts.org)

Programs provide:

- Aid in seeking jobs and education
- On-the-Job Training program
- Youth program
- Funding for education and training
- Help with jobseeking and job placement
- Specialized assistance for adults age 55 and over

Call the toll free number to set up an appointment at the location most convenient for you. Programs offer help for eligible individuals looking for employment and/or training options.

### **JOB SERVICES (DEPARTMENT OF EMPLOYMENT AND ECONOMIC DEVELOPMENT)**

Monticello WorkForce Center  
406 7<sup>th</sup> Street East  
P.O. Box 720  
Monticello, MN 55362  
763-271-3700

Assistance to anyone looking for part-time or full-time work:

- Employment help for veterans.
- Workshops for those who want to learn how to effectively look for a job.
- Job search use of internet, telephone, fax machine, copy machine, and other resources.
- Computerized listings of jobs, hiring assistance for employers, labor market information, and workshops.

### **DIVISION OF REHABILITATION SERVICES (DRS)**

Monticello WorkForce Center  
406 7<sup>th</sup> Street East  
P.O. Box 720  
Monticello, MN 55362  
763-271-3744

- For those who are certified by DRS as being eligible for medical or psychological reasons.
- Assistance with vocational education, testing, training, and evaluation to become employed

### **UNEMPLOYMENT INSURANCE**

Unemployment Benefits Information Line  
651-296-3644 or 877-898-9090

Complete an application online at [www.uimn.org](http://www.uimn.org).

## **SUPPORT SERVICES**

### **SOCIAL SERVICE AGENCY**

#### **Wright County Social Services**

1004 Commercial Drive  
Buffalo, MN 55313  
763-682-7400

Wright County resident services include:

- Adult services: adult foster care, Consumer Directed Community Supports (CDCS), long-term services and supports, and parent support
- Child services: adoption, child care providers, child foster care, child protection, child support and collections, Consumer Directed Community Supports (CDCS)
- Mental health services
- On-call services
- Energy assistance

### **UNITED WAY 2-1-1 (FORMERLY FIRST CALL FOR HELP)**

Free and confidential helpline available 24 hours a day, 7 days a week  
2-1-1 or 1-800-543-7709

### **WRIGHT COUNTY COMMUNITY ACTION AGENCY**

130 Division Street West  
Maple Lake, MN 55358  
320-963-6500

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- Homeless shelter, transitional housing and subsidized rental units for families.
- Fuel assistance through the Energy Assistance Program (EAP).

### **FAMILY HOMELESS PREVENTION & ASSISTANCE PROGRAM**

Emergency Food & Shelter Program  
Tri-County Action Program (Tri-CAP)  
1210 23<sup>rd</sup> Avenue South  
Waite Park, MN 56387

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- Assistance for families or singles who are homeless or at imminent risk of homelessness, or living in shelters to stabilize their lives.
- Must live in Benton, Sherburne, Stearns, or **Wright** County. Provide proof of income, late/eviction or foreclosure notice, signed lease, county denial for emergency assistance; no MFIP.

### **HOUSING COALITION – ST. CLOUD**

777 Lincoln Avenue Northeast  
St. Cloud, MN 56304  
320-259-7676

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- Homeless shelter, transitional housing and subsidized rental units for families.

### **SALVATION ARMY SHELTERS**

- St. Cloud Shelter  
400 U.S. Highway 10 South  
St. Cloud, MN 55304  
320-252-4552
- Roseville Shelter  
2445 Prior Avenue  
Roseville, MN 55113  
651-746-3541
- Minneapolis Shelter  
2727 Central Avenue Northeast  
Minneapolis, MN 55418  
612-789-1512

### **CENTRAL MINNESOTA AMERICAN RED CROSS**

1301 West St. Germain Street  
St. Cloud, MN 56301  
320-251-7641 or 800-560-7641

- Serves disaster victims with emergency communication, travel, and financial assistance.

### **PLACE OF HOPE MINISTRIES – ST. CLOUD**

320-203-7881

- Serves homeless and chemically dependent people needing emergency shelter.
- Support groups for adults and children.

### **FAITH IN ACTION OF WRIGHT COUNTY – BUFFALO**

763-234-3586

- Faith in Action is an interfaith volunteer care-giving organization that connects volunteers to their neighbors in need.

## **TRANSPORTATION**

### **TRANSPORTATION RESOURCE CENTER**

320-257-4456 or 877-717-1515

- Serving Benton, Morrison, Sherburne, Stearns, and **Wright** counties.
- Transportation could include mass transit, dial-a-ride services, taxi, private driver, volunteer driver, and wheelchair accessible vehicles.

### **WRIGHT COUNTY VOLUNTEER DRIVER PROGRAM**

763-684-2343

- Wright County residents 60 years and older.
- Rides available to medical facilities and pharmacies.
- A one-week advance notice requested.
- Cost: donations are needed to maintain program.

### **TRAILBLAZER TRANSIT PROGRAM**

888-743-3828

- Serving the general public in Sibley, McLeod, and **Wright** counties.
- Rides provided to the Delano Senior Center, banks, grocery stores, pharmacy, restaurants, hair salons, doctors, dentists, and more.
- Monday–Friday, 6:30 a.m.–5:30 p.m.

### **RIVER RIDER**

763-263-0101 or 800-821-9719

- Public transportation available to everyone for any transportation need.
- Fare based on destination point.

### **PRO CAB**

763-464-5544

- Provides transportation in Monticello, Otsego, Albertville, St. Michael, and Hanover. Limited service in Buffalo.

### **CARE CAB**

800-535-7190

- Provides transportation for specialized transport or handicapped individuals.

### **CLINIC CAB**

612-331-1881 or 800-962-3705

- Provides transportation for specialized transport or handicapped individuals.

### **MEDI-VAN**

800-422-0976

- Statewide 24-hour service

### **LOVE INC.**

763-682-6820

- Available in Maple Lake, Hanover, Buffalo, and Annandale
- Cost: Donations are requested to maintain program

### **BUFFALO ALLIED TRANSIT**

763-477-8596

- Providing transportation within Buffalo, Monday–Friday, 5:00 p.m.–8:00 p.m.

## **EDUCATIONAL SERVICES**

### **DIPLOMA, GED, ESL**

**Diploma Programs** – An opportunity to get your high school diploma for people over 16 years old.

**Adult Basic Education (ABE)** – Assistance with math, reading, vocabulary, and other subjects.

**English as a Second Language (ESL)** – For individuals who need to learn to speak English.

**GED Preparation** – Work on the skills needed to pass the GED test. Predictor Tests are also available. GED examination consists of 5 written parts:

- English
- Social Studies
- Science
- Literature and Arts
- Math

GED VCR tapes are available from the local library.

For information about any of the above classes contact one of the following:

**Wright County**

**Phoenix Learning Center**

800 8<sup>th</sup> Street Northeast, Room 16  
Buffalo, MN 55313  
763-682-8688

**Monticello WorkForce Center**

406 7<sup>th</sup> Street East  
Monticello, MN 55362  
763-271-3768

GED Hotline/Literacy Council: 1-800-222-1990

**HEAD START PROGRAM**

Free for children whose families meet the income guidelines or who need special help. This is a wonderful program for preschool children and their parents. Parents get involved with their children. Parents are the teachers.

For children:

- Center-based classes meet three or four days each week during regular school hours. Transportation is provided. Breakfast, lunch, and snack provided.
- Home-based classes. Teachers visit each home for 1½ hours per week. Group activities offered monthly.
- Health screening provided.
- Parent involvement – Parents are the most important people in the lives of their children. Therefore, they are encouraged to participate in the program, which includes working with child and teacher during home visit time, volunteering at a center, becoming a member of a center parent group, and serving as a representative on the Head Start Policy Council.

**Monticello Head Start**

9375 Fenning Avenue  
Monticello, MN 55362  
763-272-2964

**Wright County Community Action**

130 Division Street West  
Maple Lake, MN 55358  
320-963-6500

- Provides Wright County income eligible residents with free preschool.

**EARLY CHILDHOOD FAMILY EDUCATION (ECFE)**

Special programs and activities for parents and their children from birth to age five. Parents and children need to learn and play together because:

- Home is a child's first school.
- Parents are a child's first and most important teachers.
- The years before a child begins school are the most important years in her/his development.

In addition to parent/child programs, support groups, field trips, nursery school, and resource lending libraries, ECFE can help those children who have been identified through assessment as having special needs.

**ECFE**

**Annandale**

320-274-3058

**Buffalo-Hanover-Montrose**

763-682-8770

**Dassel-Cokato**

320-286-4100 ext. 1024

**Delano**

763-972-6210

**Howard Lake-Waverly-Winsted**

320-543-3600

**Maple Lake**

320-963-7453

**Monticello**

763-271-2030

**Rockford**

763-477-7500

**St. Michael-Albertville**

763-497-6512

**PUBLIC SCHOOLS**

**Annandale District 876**

320-274-5602

[www.annandale.k12.mn.us](http://www.annandale.k12.mn.us)

**Buffalo-Hanover-Montrose District 877**

763-682-8700

[www.bhmschools.org](http://www.bhmschools.org)

**Dassel-Cokato District 466**

320-286-4100

[www.dc.k12.mn.us](http://www.dc.k12.mn.us)

**Delano District 879**

763-972-6210

[www.delano.k12.mn.us](http://www.delano.k12.mn.us)

**Howard Lake-Waverly-Winsted District 2687**

320-543-3521

[www.hlww.k12.mn.us](http://www.hlww.k12.mn.us)

**Maple Lake District 881**

320-963-3171

[www.maplelake.k12.mn.us](http://www.maplelake.k12.mn.us)

**Monticello District 882**

763-272-2000

[www.monticello.k12.mn.us](http://www.monticello.k12.mn.us)



**Rockford District 883**  
763-477-9165  
[www.rockford.k12.mn.us](http://www.rockford.k12.mn.us)

**St. Michael-Albertville District 885**  
763-497-3180  
[www.stma.k12.mn.us](http://www.stma.k12.mn.us)

**Minnesota Department of Education**  
651-582-8200

- Answers to questions about birth to post-secondary education in Minnesota.

## **COMMUNITY EDUCATION**

Community education offers courses in a wide variety of topics for a small fee. Call your local school district for course offerings and information. Contact the Community Education Department for further information.

**Annandale**  
320-274-3058

**Buffalo-Hanover-Montrose**  
763-682-8770

**Dassel-Cokato**  
320-286-4120

**Delano**  
763-972-6210

**Howard Lake-Waverly-Winsted**  
320-543-3600

**Maple Lake**  
320-963-5991

**Monticello**  
763-272-2030

**Rockford**  
763-477-4563

**St. Michael-Albertville**  
763-497-6550

## **POST-SECONDARY EDUCATION**

*For post-secondary information, go to [www.iseek.org](http://www.iseek.org).*

**Anoka Technical College**  
763-433-1100  
[www.anokatech.edu](http://www.anokatech.edu)

**Anoka-Ramsey Community College**  
763-433-1100  
[www.anokaramsey.edu](http://www.anokaramsey.edu)

- Campuses in Cambridge and Coon Rapids

**Minnesota School of Business**

877-655-7676

[www.msbcollge.edu](http://www.msbcollge.edu)

- Campuses in Blaine, Brooklyn Center, Elk River, Lakeville, Minneapolis, Moorhead, Plymouth, Richfield, Rochester, Shakopee, St. Cloud, and Woodbury.

**Hennepin Technical College**

800-345-4655

[www.hennepintech.edu](http://www.hennepintech.edu)

- Campuses in Brooklyn Park and Eden Prairie.

**North Hennepin Community College**

763-488-0391 or 800-818-0395

[www.nhcc.mnscu.edu](http://www.nhcc.mnscu.edu)

**Central Beauty School – Cambridge**

763-691-1431

**Model College of Hair Design – St. Cloud**

320-253-4222

[www.modelcollegehairdesign.com](http://www.modelcollegehairdesign.com)

**Regency Beauty Institute**

800-787-6456

[www.regency.edu](http://www.regency.edu)

- Campuses in Blaine, Burnsville, Ridgedale, Maplewood, Duluth, and St. Cloud.

**Rasmussen Business College**

888-549-6755

[www.rasmussen.edu](http://www.rasmussen.edu)

- Campuses in Blaine, Bloomington, Brooklyn Park/Maple Grove, Eagan, Lake Elmo/Woodbury, Mankato, Moorhead, and St. Cloud.

**St. Cloud State University**

320-308-0121 or 877-654-7278

[www.stcloudstate.edu](http://www.stcloudstate.edu)

**St. Cloud Technical & Community College**

320-308-5000 or 800-222-1009

[www.sctcc.edu](http://www.sctcc.edu)

## **FINANCIAL AID SERVICE**

**FEDERAL STUDENT AID INFORMATION**

800-433-3243

- Contact your school's financial aid office.
- Apply online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

## **CHILD SERVICES**

*Ask your employment specialist for a list of Wright County licensed daycare providers or contact the Resource and Referral Services at 866-511-2244.*

### **CHILD CARE AWARE**

1-866-511-2244

- Provides assessment and services to children with special needs and their families.

### **WRIGHT COUNTY SOCIAL SERVICES**

763-682-7400

- Provides a complete list of licensed child care providers.

### **CHILD CARE CHOICES – ST. CLOUD**

320-251-5081 or 800-288-8549

- Resource and referral on daycares for children.

### **CRISIS NURSERY OF WRIGHT COUNTY – BUFFALO**

908 Commercial Drive

Buffalo, MN 55313

763-682-7410 or 800-965-1430

- Confidential and free 24-hour service that is available to help support families in the Wright County area with children birth through 12 years of age who are stressed or in crisis and need someone to talk to about possible resources, referrals, support services, or temporary emergency child care.
- Crisis Nursery uses licensed daycare or foster care homes.

### **CRISIS NURSERY OF WRIGHT COUNTY – MONTICELLO**

9766 Fallon Avenue Northeast, Suite 101

Monticello, MN 55362

763-271-1681

- Coordinate services for families with children ages birth to 12 years old experiencing a crisis situation.
- 24-hour help line, support visits, supplies (such as diapers and wipes), and short-term care, daytime or overnight, in licensed homes are provided.

### **WRIGHT COUNTY EARLY INTERVENTION**

763-682-6361 or 800-286-6331

- Provides assessment and services to children with special needs and their families.

### **MINNESOTA DEPARTMENT OF EDUCATION**

651-582-8200

- Answers to questions about birth to post-secondary education in Minnesota.

## **MENTAL HEALTH/MEDICAL/DENTAL**

*Your child/children may qualify for child and teen checkups through Wright County Public Health; call 763-682-7456.*

### **CLINICS**

#### **Allina Health Clinics**

Buffalo 763-682-5225  
St. Michael 763-744-4000  
Annandale 320-274-3744  
Cokato 320-286-2123  
Minneapolis Heart Institute Monticello 763-271-2288

#### **Albertville-St. Michael Clinic**

763-684-8300

#### **Ridgeview Clinic – Delano**

763-972-9172

#### **Buffalo Clinic**

763-682-1313

#### **Monticello Clinic**

763-295-2921

#### **Ridgeview Clinic Howard Lake**

320-543-2591

#### **Mid-Minnesota Family Practice Center – St. Cloud**

800-575-2982

#### **Planned Parenthood – St. Cloud**

888-252-9504

- Can help with unplanned pregnancy, STD education and testing, and birth control.

#### **Detox Crisis Unit – St. Cloud**

320-252-6654

#### **Wright County WOW Van**

763-682-7717

- Travels through Wright County giving free or reduced cost medical care.
- Call for dates and times.

#### **Wright County – Medication Assistance Programs**

651-431-2500 or 800-882-6262

- Drug companies offering free or reduced cost medication to low-income patients.

### **URGENT CARE**

#### **Buffalo Urgent Care**

763-684-3696

#### **Monticello Urgent Care**

763-271-3896

## **HOSPITALS**

**Allina Hospital Buffalo**  
763-682-1212

**CentraCare Health Hospital – Monticello**  
763-295-2945

**St. Cloud Hospital**  
800-835-6652

## **MENTAL HEALTH/COUNSELING**

**Buffalo – Central Minnesota Mental Health Center**  
763-682-4400

**Buffalo – Family Counseling Center**  
763-682-5420

**Monticello – STARS Mental Health**  
763-271-5322

- Children’s and families mental health services.

**Monticello-Big Lake Counseling Center**  
763-295-4001

- Programs for mental health and chemical dependency.

## **DENTISTS**

**Mark Pokorney, D.D.S. – Buffalo**  
763-682-2363

**Dentistry for Children – Monticello**  
320-257-3380 or 877-KID-TUTH (877-543-8884)

- Offices in Monticello, Sartell, and Princeton

**Excel Dentistry – Albertville**  
[www.mnexcel.com](http://www.mnexcel.com)  
763-515-3615

**Monticello Family Dentistry**  
[www.monticellodontists.com](http://www.monticellodontists.com)  
763-295-3676

**Annandale Dental**  
[www.annandaledentalclinic.com](http://www.annandaledentalclinic.com)  
320-274-2475

**Lakeland Family Dental – Monticello**  
[www.lakelanddentalmn.com](http://www.lakelanddentalmn.com)  
763-295-3036

**Dr. Kathleen McCann, D.D.S. – Watertown**  
[www.kathleenmccanndds.com](http://www.kathleenmccanndds.com)  
952-955-2650

## **FOOD SUPPORT**

*All area food shelves check with each other to check for abusers.*

### **COMMUNITY FOOD SHELF – ANNANDALE**

99 Cherry Avenue Northwest  
Annandale, MN 55302  
320-274-3663

Emergency only: 320-274-7155

- Hours: Tuesday, 4:00 p.m.–6:00 p.m.; Wednesday evening, 5:00 p.m.–7:00 p.m.; and Friday, 8:30 a.m.–11:00 a.m.
- Served up to 6 times per year or as necessary.
- Available to Annandale school district residents.

### **BUFFALO FOOD SHELF**

301 12th Avenue South  
Buffalo, MN 55313  
763-684-1699

- Hours: Friday, 10:30 a.m.–12:30 p.m.; Tuesday, 5:30 p.m.–8:00 p.m.; and Thursday evening, 6:30 p.m.–8:30 p.m.
- Available to Buffalo area residents ONLY in need of food.
- Address verification required, dated in the last 30 days.

### **CLEARWATER-CLEAR LAKE FOOD SHELF**

1100 County Road 75  
Clearwater, MN 55320  
320-558-2954

- Available for families in Clear Lake and Clearwater.
- Nonprofit organization providing emergency food and support information.

### **COKATO AREA FOOD SHELF**

395 Broadway South  
Cokato, MN 55321  
320-286-2662

- Available for residents in the Dassel/Cokato area.
- Must call by Thursday at noon to sign up for that Friday's pick up at 9:30 a.m.
- For emergency use only. Proof of residence and children's birth certificates may be required.
- Use is limited to monthly; with six uses total.

### **HELPING HANDS – DELANO**

140 Elm Avenue  
Delano, MN 55328  
763-972-3723 or 763-972-3360

- Hours: Thursday from 2:00 p.m.–4:00 p.m. and the evening of the 3<sup>rd</sup> Thursday of the month from 5:00 p.m.–7:00 p.m.
- Available to serve all Delano area residents in need of emergency food once a month.

**HANOVER FOOD SHELF**

St. Paul's Lutheran Church  
11024 Church Street Northeast  
763-498-8311 or 763-420-2836

- Hours: 1<sup>st</sup> and 3<sup>rd</sup> Mondays of the month: 5:00 p.m.–7:00 p.m.; Tuesday, noon–2:00 p.m.; Wednesday, 10:00 a.m.–2:00 p.m.; and Friday, noon–2:00 p.m.
- The Hanover area food shelf is open to anyone in the Hanover area.

**MONTICELLO FOOD SHELF**

215 Cedar Street (Old Fire Hall)  
Monticello, MN 55362  
763-295-4031

- Hours: Monday, 10:00 a.m.–11:30 a.m.; Wednesday, 10:00 a.m.–11:30 a.m. and 6:00 p.m.–7:30 p.m.; Friday, 10:00 a.m.–11:30 a.m.
- By appointment only.
- Food shelf available to Monticello school area residents.

**WAVERLY FOOD SHELF**

**Wright County Community Action, Inc.**  
411 Elm Avenue  
Waverly, MN 55390  
763-658-4414 or 320-963-6500

- Hours: Monday, Wednesday, and Friday, 8:00 a.m.–11:30 a.m.
- Tuesday and Thursday, noon–3:30 p.m.
- On emergency basis: four-day supply, three meals a day.
- Eligible 3 to 4 times a year depending on circumstances.
- Available to Wright County area.

**FARE FOR ALL**

763-450-3880  
800-582-4291

- Fare For All sells packages of fruits, vegetables, and frozen meats at a reduced price.
- Open to everyone.
- Call for a location near you.

**WRIGHT COUNTY NUTRITION ASSISTANCE PROGRAM FOR SENIORS (NAPS)**

333 2<sup>nd</sup> Street West  
Maple Lake, MN 55358  
651-484-8241 or 800-365-0270

- Hours: 8:30 a.m.–10:00 a.m. on the 3<sup>rd</sup> Friday of the month.
- Free food program for low-income seniors 60 years or older who meet federal income guidelines.
- MUST be PRE-REGISTERED for program.
- The program provides food such as fruits, vegetables, juice, milk, cheese, egg mix, meat, dry beans, peanut butter, cereal, rice, instant potatoes, and pasta.

## **WRIGHT COUNTY WOMEN, INFANTS & CHILDREN PROGRAM (WIC)**

130 Division Street West  
Maple Lake, MN 55358  
320-963-6500

- Nutrition education program that provides supplemental foods promoting good health for pregnant, breast-feeding, and postpartum women, infants, and children up to age five.
- Provides vouchers for baby formula, milk, cheese, eggs, juice, cereal, beans and lentils, and peanut butter.

## **FREE/REDUCED PRICE ITEMS**

### **WE CARE WE SHARE – ANNANDALE**

Corner of Highway 55 and Cherry Avenue  
Annandale, MN 55302  
320-274-8881

- Hours: Tuesday, 3:00 p.m.–5:00 p.m.; Wednesday, 5:00 p.m.–7:00 p.m.; Friday, 8:30 a.m.–1:00 p.m.
- This is a free store in Annandale open to anyone in need.
- They have mainly clothes, some household items, and may be able to get other items for people in need.
- FREE will offering requested.

### **WISE PENNY THRIFT SHOPPE – BUFFALO**

310 Brighton Avenue  
Buffalo, MN 55313  
763-682-4178

- Provides good condition, used clothing, furniture, and household items at a reduced cost.

### **SAVE & SHARE THRIFT SHOP – COKATO/DASSEL**

511 Cokato Street West  
Cokato, MN 55321  
320-286-5895

- Hours: Thursday, 1:00 p.m.–7:00 p.m.; Friday, 10:00 a.m.–5:00 p.m.; Saturday, 10:00 a.m.–1:00 p.m.
- These shop hours are for BOTH donation drop off and shopping.

### **LOVE INC HEARTLAND – DELANO**

318 Railroad Avenue  
Delano, MN 55328  
763-972-6547

- Clothing Ministry is open Monday–Thursday and Saturday from 9:00 a.m.–12:00 p.m.
- Area churches working to help people in need for residents in Delano, Howard Lake, Rockford, Waverly, and Watertown.
- Help with clothing, back to school supplies, baby supplies, bedding, and furniture.
- People MUST be in need; depending on need will call the various churches in the area participating for the needed items.



**THE GREAT ROOM – ELK RIVER**

717 Main Street Northwest  
Elk River, MN 55330  
763-633-0089

- All proceeds will support the programs of Faith in Action.
- Heirlooms, home décor, used furniture, and household goods.
- Accepting donations of clean and gently used furniture, home décor, and household items.  
If you are looking at moving, downsizing, or re-decorating, please call the store.

**MONTICELLO – NEXT DOOR TO FOOD SHELF**

213 Cedar Street  
Monticello, MN 55362  
763-295-4031

- Hours: Monday, 5:30 p.m.–7:30 p.m.; Tuesday & Thursday, 1:00 p.m.–3:00 p.m.;  
Saturday, 10:00 a.m.–noon.
- Clothing available to anyone in need.
- Cost is \$3.00 a bag or individual prices for larger items.

**WAVERLY WRIGHT COUNTY COMMUNITY ACTION, INC.**

411 Elm Avenue  
Waverly, MN 55390  
763-658-4414

- Hours: Monday, Wednesday, and Friday, 8:00 a.m.–11:30 a.m.

**FREE CONFIDENTIAL SERVICES**

*Pregnancy • STD • Family Planning*

**WRIGHT COUNTY PUBLIC HEALTH**

1004 Commercial Drive  
Buffalo, MN 55313  
763-682-7456

**BIRTHRIGHT OF MONTICELLO, INC.**

203 3<sup>rd</sup> Street West  
Monticello, MN 55362  
763-295-2232

**CDC NATIONAL STD INFORMATION HOTLINE**

1-800-227-8922

**NATIONAL AIDS HOTLINE**

1-800-342-2437

**UNITED WAY 2-1-1 (FORMERLY FIRST CALL FOR HELP)**

Free and confidential helpline available 24 hours a day, 7 days a week  
2-1-1 or 1-800-543-7709

## **ABUSE AND VIOLENCE**

*Call Wright County Social Services for more information at 763-682-7400.*

### **MINNESOTA COALITION FOR BATTERED WOMEN**

[www.mcbw.org](http://www.mcbw.org)

- Includes database of services for victims of domestic abuse available throughout the state.

### **MINNESOTA DOMESTIC VIOLENCE**

866-233-1111 (Crisis Line)

### **ST. CLOUD – ANNA MARIE’S WOMAN’S SHELTER**

320-253-6900 or 800-950-2203

- Shelter for battered women and their children.
- Provides support groups, childcare, and housing assistance.

### **ANOKA – ALEXANDRA HOUSE**

763-780-2330

- Shelter for battered women and their children.

### **STEPPING STONE EMERGENCY HOUSE**

3300 4<sup>th</sup> Avenue North

Cronin Building #14

Anoka, MN 55303

763-323-7006

- Adult-only shelter.

### **HOME FREE SHELTER ANOKA**

763-559-4945 (24-hour crisis line)

- Provides shelter for battered women and their children.

### **RISE HOMELESS SHELTER ANOKA**

763-786-8334

- Provides mental health services to homeless individuals.

### **CENTRAL MINNESOTA SEXUAL ASSAULT CENTER – ST. CLOUD**

320-251-4357 or 800-237-5090

- 24-hour crisis intervention center for victims of all forms of sexual violence.

### **CRISIS NURSERY OF WRIGHT COUNTY – BUFFALO**

908 Commercial Drive

Buffalo, MN 55313

763-682-7410 or 800-965-1430

- Confidential and free 24-hour service that is available to help support families in the Wright County area with children birth through 12 years old, who are stressed or in crisis and need someone to talk to about possible resources, referrals, support services, or temporary emergency child care.
- Crisis Nursery uses licensed daycare or foster care homes.

**CRISIS NURSERY OF WRIGHT COUNTY – MONTICELLO**

9766 Fallon Avenue Northeast, Suite 101  
Monticello, MN 55362  
763-271-1681

- Coordinates services for families with children ages 0 through 12 years old experiencing a crisis situation. 24-hour help line, support visits, supplies (such as diapers and wipes), and short-term care, daytime or overnight, in licensed homes are provided.

**FAITH IN ACTION OF WRIGHT COUNTY – BUFFALO**

763-234-3586

- Faith in Action is an interfaith volunteer care-giving organization that connects volunteers to their neighbors in need.

**WRIGHT COUNTY CHILD PROTECTION – BUFFALO**

763-682-7400

- Child protective services will investigate any case of reported child abuse.

**RIVERS OF HOPE – MONTICELLO**

763-295-3433 or 800-439-2643

- Rivers of Hope strives to positively impact the dynamics of domestic violence, and to empower victims to move beyond survival through legal and general advocacy, education, and interagency collaboration.

**CHEMICAL DEPENDENCY COUNSELING/ASSESSMENT**

*For referrals to an alcohol treatment program call 800-252-6465.*

**WRIGHT COUNTY SOCIAL SERVICES**

1004 Commercial Drive  
Buffalo, MN 55313  
763-682-7400

The Chemical Dependency Department of Wright County provides:

- Chemical dependency assessments
- Funding for treatment
- Information on Rule 25
- Referrals to counseling/treatment agencies

If chemical abuse is interfering with your life or with the life of someone you care about, call for assistance. **Note: If MA is responsible for the cost of treatment, you must get prior approval.**

**CENTRAL MINNESOTA MENTAL HEALTH CENTER**

Buffalo, MN  
763-682-4400

**Monticello, MN**

763-295-4001

**SOLUTIONS COUNSELING**

St. Michael, MN  
763-515-4563

**GENUINE THERAPY CENTER, LLC**

Monticello, MN  
763-225-2957

**DRUG & ALCOHOL TREATMENT CENTERS**  
1-866-858-4949

## **LEGAL/GOVERNMENT SERVICES**

### **HOUSING**

*Ask your employment specialist for a list of low-income and senior housing.*

[www.co.wright.mn.us](http://www.co.wright.mn.us)

### **CENTRAL MINNESOTA LEGAL SERVICES**

830 West St. Germain Street, Suite 309  
P.O. Box 1598  
St. Cloud, MN 56302  
320-253-0138 or 800-622-7773

- Free legal advice/representation to low-income people for civil legal problems (no criminal), including family law; protection from domestic abuse; MFIP, SSI, Medical Assistance, food stamps and general assistance; evictions repair problems, public or subsidized housing problems; disability, seniors, income tax, and consumer problems.

### **MID-MINNESOTA LEGAL ASSISTANCE – ST. CLOUD**

888-360-2889

- Free legal advice/representation to low-income persons for these issues: citizenship and green card applications, general immigration assistance, education discrimination, divorce, custody/visitation, domestic abuse, evictions, subsidized housing problems, poor housing conditions, housing discrimination, denial or termination of public benefits: MFIP, MA, MAS, GA, GAMC, Food Stamps, Social Security, SSI, or unemployment compensation, and utility shutoffs.

### **MAC-V: SERVICES FOR VETERANS – MINNEAPOLIS**

612-726-1327

- Addresses the unique legal needs of persons with disabilities.

### **WILLS FOR HEROES**

[www.mnbar.org/willsforheroes](http://www.mnbar.org/willsforheroes)

- Clinics throughout the month.

### **IMMIGRANT LAW CENTER OF MINNESOTA**

800-223-1368

### **MINNESOTA DISABILITY LAW CENTER**

612-332-4668 or 800-292-4150

- Free civil legal assistance to individuals with disabilities on legal issues related to their disabilities.

## **HOME LINE**

[www.homelinemn.org](http://www.homelinemn.org)

866-866-3546

- Free legal, organizing, education, and advocacy services for tenants throughout Minnesota, except Minneapolis.

## **ESTATE AND ELDER LAW SERVICES (FORMERLY M.A.O. SERVICES)**

[www.voamn.org](http://www.voamn.org)

612-676-6300

- Free, sliding fee, and market rate legal help with wills, trusts, estate planning, probate, powers of attorney, health care directives, guardianship, conservatorship, special needs trusts, medical assistance planning, and real estate matters. Must be disabled or age 55 or older.

## **LEGALCORPS**

[www.legalcorps.org](http://www.legalcorps.org)

888-454-5267

- Free legal help for Minnesota small businesses and nonprofits.

## **PUBLIC DEFENDER OFFICE – TENTH DISTRICT**

205 Central Avenue

Buffalo, MN 55313

763-682-4306

- Legal services for low-income people who are involved in criminal and juvenile delinquency cases.

## **MINNESOTA DEPARTMENT OF HUMAN RIGHTS**

651-296-5663 or 800-657-3704

- Investigates discrimination complaints in the areas of employment, housing, public accommodations, and public services; assists and enforces Minnesota Human Rights Acts.

## **ATTORNEY GENERAL'S OFFICE**

651-296-3353 or 800-657-3787

- Provides answers to questions about landlord and tenant rights, mobile homes, mortgages, and other consumer issues.

## **US DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**

612-370-3000

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- HUD's mission is to increase homeownership, support community development, and increase access to affordable housing free from discrimination.

## **FORECLOSURE PREVENTION ASSISTANCE PROGRAM**

651-296-3353 or 800-710-8871

- Assists with foreclosures due to temporary financial crisis by providing case management services and sometimes mortgage payment.

**VILLAGE FINANCIAL RESOURCE CENTER**  
800-450-4019

- Provides budget counseling, debt management, and mortgage foreclosure prevention and information.

**MINNESOTA HOUSING FINANCE AGENCY**  
651-296-7608 or 800-657-3769

- Addresses Minnesota's basic housing needs and helps to build stronger communities.

**MINNESOTA MORTGAGE FORECLOSURE PREVENTION ASSOCIATION**  
763-783-4705

- Provides support, networking, information, and education in the field of foreclosure prevention.

**MINNESOTA DEPARTMENT OF LABOR AND INDUSTRY**  
651-284-5005 or 800-342-5354

- Oversees workplace/occupational safety and health issues, including workplace violence, enforcement agency, and offers enforcement outreach materials and onsite consultations.

**WORKERS COMPENSATION**  
651-284-5005 or 800-342-5354

- Medical care for a work injury, as long as it is reasonable and necessary.
- Wage loss benefits for part of your lost income, benefits for permanent damage, loss of function of a body part, or to your spouse/children if you die of a work injury.
- Vocational rehabilitation services if you cannot return to your pre-injury job/employer.

**OSHA**  
651-284-5050 or 877-470-6742

- Contact them with any safety/health workplace concerns.
- They assist with standards development, enforcement, compliance assistance, and training/education, which enable employers to maintain safe and healthy workplaces.

**BETTER BUSINESS BUREAU**  
651-699-1111 or 800-646-6222

- Request a report on a business or make a complaint about a business.

**MINNESOTA HELP**  
[www.minnesotahelp.info](http://www.minnesotahelp.info)  
800-333-2433

- Online directory of services designed to help people in Minnesota identify resources such as human services, information and referral, financial assistance, and other forms of aid and assistance within Minnesota.

**FIRST CALL FOR HELP**  
2-1-1 or 800-543-7709

**SOCIAL SECURITY AND SSI**  
800-772-1213

- Help with retirement and disability financial services.

**MINNESOTA GOVERNOR'S COUNCIL ON DEVELOPMENTAL DISABILITIES**

651-296-4018 or 877-348-0505

- Mission is to provide information, education, and training to build knowledge, develop skills, and change attitudes that will lead to increased independence, productivity, self-determination, integration, and inclusion for people with developmental disabilities and their families.

#### **MINNESOTA STATUTES, LAWS, AND RULES**

651-296-2868

- Minnesota statutes, session laws, and rules are compiled by the Office of Reviser of Statutes.

#### **DEPARTMENT OF REVENUE**

1889 Stanford Avenue

St. Paul, MN 55105

651-690-2220

#### **INTERNAL REVENUE SERVICE**

St. Paul, MN

651-312-8082

#### **FEDERAL EARNED INCOME TAX CREDIT (FITC) AND MINNESOTA WORKING FAMILY CREDIT**

- You may be eligible for credits if your household income was less than a specified amount. To claim the credit, you must file Federal Forms 1040A or 1040 and the Schedule EID, and Minnesota Form M-1a or Form M-1.
- If you qualify for this credit and expect to qualify next year, you can choose to get part of next year's Earned Income Credit in advance on your paychecks this year. You may want to apply for this **ADVANCED EARNED INCOME CREDIT** if you are the only wage earner in your household and you don't expect major changes in your household's income during the year. If you want to apply, ask your employer for **FORM W-5**, with Form M-1 or Form M-1A.

#### **MINNESOTA CHILD AND DEPENDENT CARE CREDIT**

- You may get the credit if your household income was less than a specified amount and you paid someone to care for your child under age 13 (or disabled dependent) while you worked or looked for work, or you operated a licensed family daycare while you cared for your own child under seven years old, or you are married and had a newborn baby in 2005, even if you had no child care expenses. **TO CLAIM THE CREDIT**, file Federal Schedule 2441 with Form 1040 or Schedule 2 with Form 1040A and Minnesota Schedule M-1CD with Form M-1 or Form M-1A.

#### **MINNESOTA RENTERS AND HOMEOWNERS REFUNDS**

- You may be able to get this refund next year if you are a renter and your household income was less than a specified amount. Get a completed Form CRP from your landlord to show your portion of taxes paid. Or you are a homeowner and your household income is less than a specified amount. (You will need your Statement of Property Taxes Payable next year to file.) Or you are a homeowner whose net property tax increased by more than 12% over last year's tax and the increase was \$100 or more, regardless of your household income. **TO CLAIM THIS CREDIT**, file Minnesota Form M-1PR.

## **FINANCIAL SERVICES**

### **ST. CLOUD – AMERICAN RED CROSS**

320-251-7641 or 800-560-7641

- Serves disaster victims with emergency communication, travel, and financial assistance.

### **WRIGHT COUNTY HUMAN SERVICES FINANCIAL UNIT**

Wright County Government Center  
10 2<sup>nd</sup> Street Northwest, Room 300  
Buffalo, MN 55313  
763-682-7414

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- May be able to assist with cash assistance, childcare assistance, food support, health care, child support and collections, and emergency assistance.

### **SALVATION ARMY – BUFFALO**

1004 Commercial Drive  
Buffalo, MN 55313  
763-682-8941

- May be able to assist with emergency financial services.

### **SALVATION ARMY HEAT SHARE**

320-252-4552 or 800-220-4850

- Can help pay a portion of your heat bill.
- You must have a disconnect notice and not be eligible for emergency assistance from the county.

### **SOCIAL SECURITY AND SSI – ST. CLOUD**

800-772-1213

- Will help with retirement and disability financial services.

## **TRANSITIONAL MAINTENANCE**

### **TRANSITION YEAR CHILD CARE**

You may be eligible for up to one year of subsidized childcare if you meet the following guidelines:

- On MFIP three of the past six months.
- Get off MFIP because of employment.
- Contact your financial worker for more information.

### **TRANSITION YEAR MEDICAL ASSISTANCE**

If you are no longer eligible for MFIP because you are employed, you and your family may be eligible for up to one year of extended medical assistance. Contact your county financial worker for more information.

### **US DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**

612-370-3000

- Hours: Monday–Friday, 8:00 a.m.–4:30 p.m.
- HUD’s mission is to increase homeownership, support community development, and increase access to affordable housing free from discrimination.

### **ST. CLOUD – HOUSING & REDEVELOPMENT AUTHORITY (HRA)**



[www.stcloudhra.com](http://www.stcloudhra.com)

1225 West St. Germain  
St. Cloud, MN 56303  
320-252-0880

- Regular business hours (Labor Day thru Memorial Day):  
Monday–Friday, 8:00 a.m.–4:30 p.m.
- Summer hours: Monday–Thursday, 7:30 a.m.–5:00 p.m. and  
Friday, 7:30 a.m.–11:30 a.m.
- Apply for Section 8 Rental Assistance Program if you are paying over 30% of your income for rent.

#### **ST. CLOUD – HABITAT FOR HUMANITY**

777 Lincoln Avenue Northeast  
St. Cloud, MN 56304  
320-656-8890

- Habitat for Humanity works in partnership with people in need to build and renovate decent, affordable housing. The houses are then sold to those in need at no profit and with no interest charged.

#### **WRIGHT COUNTY COMMUNITY ACTION (WCCA)**

320-963-6500

- Provides assistance through mortgage and rent assistance, home rehabilitation loans, home buyer training, and home weatherization.

#### **BASIC SLIDING FEE CHILD CARE**

You may be eligible for assistance for child care costs while:

- Working a minimum of 10 hours/week
- Looking for work

To be eligible you must not be receiving MFIP and your income is not more than 75% of the state median income. Since there is a limit to the number of families that can be served, there may be a waiting list. Contact your county financial worker if you have any additional questions.

#### **THE MINNESOTA HEALTH CARE PLAN**

A health care program for single individuals and/or families who cannot afford medical insurance for their families. For families who meet income guidelines and do not have private health insurance or Medical Assistance. Fee is on a sliding fee scale.

- Doctor, dentist, and health clinic visits
- Drug prescriptions
- Diagnostic screening and preventative services
- Outpatient labs and x-rays
- Eye glasses
- Immunizations

Call 1-800-657-3672 for more information.

## **THE FAMILY AND MEDICAL LEAVE ACT (FMLA)**

***Talk to you employer about FMLA or contact the Department of Labor, Wage and Hours Division for more information.***

- Provides eligible employees with up to 12 weeks of unpaid, job-protected leave per year. It also requires that group health benefits be maintained during the leave.
- An eligible employee is one that has worked for a covered employer for at least one year and for 1,250 hours over the previous 12 months and if there are at least 50 employees within 75 miles.

## **TAX CREDITS/VITA (VOLUNTEER INCOME TAX ASSISTANCE)**

***You may be eligible for the Federal Earned Income Credit and the Minnesota Working Family Credit. These tax credits are for people who have low to moderate incomes.***

- You need a federal tax form, federal schedule EIC form and a Minnesota long or short tax form. Most libraries and post offices have these forms with instructions available for free.
- For more information about the **EARNED INCOME TAX CREDIT** call **800-829-1040**.
- For more information about the **WORKING FAMILY TAX CREDIT** call **800-652-9094**.

## **VITA**

651-297-3724

- Call between February 1<sup>st</sup> and April 15<sup>th</sup> to obtain information on local sites that offer free tax assistance.
- Advanced Earned Income Credit.

## **INTERNAL REVENUE SERVICE (IRS)**

320-251-9261

- Assistance with common tax questions.

## FREQUENTLY CALLED NUMBERS

**Physician's Name** \_\_\_\_\_ Phone \_\_\_\_\_

**Hospital** \_\_\_\_\_ Phone \_\_\_\_\_

**Police Department** \_\_\_\_\_ Phone \_\_\_\_\_

**Fire Department** \_\_\_\_\_ Phone \_\_\_\_\_

**Dentist's Name** \_\_\_\_\_ Phone \_\_\_\_\_

**Daycare Name** \_\_\_\_\_ Phone \_\_\_\_\_

**Church** \_\_\_\_\_ Phone \_\_\_\_\_

**Food Shelf** \_\_\_\_\_ Phone \_\_\_\_\_

**Schools:**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_

**Other Numbers:**

\_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_ Phone \_\_\_\_\_