



Minutes

Mental Health Advisory Council

Tuesday, January 10, 2023, 2:30, Zoom

Attendees:

Members:	<input checked="" type="checkbox"/> Carl Harju*	<input checked="" type="checkbox"/> Sandra Greninger*
<input checked="" type="checkbox"/> Cathy Elfstrand*	<input checked="" type="checkbox"/> Dallas O'Dell*	<input type="checkbox"/> Tammi Dahlman* - Exc.
<input checked="" type="checkbox"/> Stephanie Barnes*	<input checked="" type="checkbox"/> Breanna Heintzelman*	<input checked="" type="checkbox"/> Joycelyn Alexander*
<input type="checkbox"/> Caroline Malone* - Abs.	<input type="checkbox"/> Bradley Gangnon* - Exc.	<input checked="" type="checkbox"/> Commissioner Jeanne Holland

*=MHAC Member (10 Members)

HHS Staff Attendees: Jill Pooler, Michelle Miller, Tarynn Anderson, Gretchen Backer, Keith Bennett

Other Attendees: Bethany Oberg, Dana Seelen, Halie Gudmonson, Hannah Ruth Patterson, Jackie, Jennifer Jiang, Jordan Alabase, Krissy Eich, Sara Blanchette, Shauntell Fett, Stacy Doyle

1. Welcome and Introductions
 - a. 2 new applicants for council were received
 - Submitted to Board – pending board approval on 1/9
 - (a) Shauntell Fett
 - (b) Mark Daleiden
 - b. New Commissioner names for representation in the council
 - a. Commissioner Jeanne Holland, District 3: Albertville and Otsego
2. Approval of the Agenda (any additions)
 - Motion made by Sandy G., Second by Dallas O., motion carries
3. Approval of MHAC Minutes from 11/08/2022
 - Motion to approve 09/13/2022 Minutes as no quorum for the November meeting
 - (a) Motion made by Dallas O., Second by Joycelyn A., motion carries
 - Motion to approve 11/08/2022 Minutes
 - (a) Correction needed on 11/08/2022 Minutes, Sandy G. was at the meeting – Gretchen updated the attendance on minutes
 - ◆ Motion made by Dallas O., Second by Joycelyn A., motion carries
4. Voting for Chairperson and Vice Chairperson
 - a. Held in January of odd numbered years, will take office for March 2023
 - b. Current Chair (Carl Harju) and Vice-Chair (Sandra Greninger) can remain in their positions for the council – vote still takes place
 - Motion to retain current Chair and Vice-Chair made by Joycelyn A., Second by Dallas O., motion carries
 - (a) Carl Harju - Chair
 - (b) Sandy Greninger - Vice-Chair
5. Sub-committee reports
 - a. MAPP – Keith Bennett

- Our Wright County Community Health Needs Assessment Report (CHNA) and Community Health Improvement Plan (CHIP) are up on our Wright County Public Health website under Data and Reports: <https://www.co.wright.mn.us/1134/Data-and-Reports>
 - An updated Wright County Public Health Community Health Improvement Plan (CHIP) for 2023-2025 will be available soon.
 - The three priorities for the CHNA and CHIP are:
 - (a) Mental health and well-being
 - (b) Dental care
 - (c) Misuse of alcohol, tobacco, and other substances
- b. Suicide Prevention Grant Update – Keith Bennett
- QPR Training for Public on January 24th 11:30am-1:00pm at Wright County Government Center in Conference Room 1103
 - (a) Registration Link: <https://www.eventbrite.co.uk/e/491928119247>
 - QPR Suicide Prevention Trainings for Wright County Social Workers on February 7th and 8th
 - safeTALK Suicide Prevention Training for Health & Human Services Peer Support Members on February 16
 - safeTALK Suicide Prevention Training for Farmers and Ag Workers
 - (a) In collaboration with University of Minnesota Extension Services
 - (b) Please share this training out
 - (c) February 22nd 1:00pm-5:00pm at Wright County Government Center in Conference Room 1103
 - ◆ Registration Link: <https://www.eventbrite.co.uk/e/499655100857>
6. Unmet Needs and Possible Solutions Discussion
- a. Review of unmet needs to be presented to the Board on February 13, 2023, by Joycelyn Alexander
 - b. Unmet Needs for 2023
 - Competitive compensation for providers who provide ARHMS services
 - Transportation remains a serious barrier in the area
 - (a) BCBS in select counties (not in Wright County yet) is doing grocery transportation services
 - (b) MSHO over 65, get grocery transportation benefits under BCBS
 - (c) CMMHC has gas cards and tokens for trail blazer for clients in any of their programs at CMMHC
 - ◆ Individual must be receiving services at CMMHC
 - Ongoing stigma associated with mental health clients
 - (a) Joycelyn asked group if there were groups or programs in the area to discuss the stigma surrounding mental health?
 - ◆ Bethany O. let the group know that the CAMHI initiative has done programs for anti-stigma
 - (b) Joycelyn suggests the idea of trying to create group regarding anti-stigma that could provide resources, help point people in the right direction to seek services they could benefit from, etc.
 - c. Goals for 2023:
 - Carl H. would like to see the council help reduce the stigma surrounding mental health
7. Action Items
- a. Service Provider Presentations (If anyone would like to share their programs)
 - Jackie at the Buffalo Hospital

- (a) Social Worker now in the Emergency Room to help connect patients to services they may need following their discharge from the hospital
- b. Breanna H. – Bridging Hope Counseling
 - Adolescent DBT group with immediate openings
- 8. Information Sharing/Other
 - a. CMMHC – Stephanie Barnes
 - Open access for walk in mental health evals in Elk River and St. Cloud locations.
 - Beginning in 2024 services should be easier for Medicare members (Elderly and SPMI clients)
 - b. Functional Industries – Krissy Eich
 - Trying to get ahead of legislation changes, 2024 to help people identify employment goals, looking at community based, competitive employment for people within the community. Looking to ensure proper supports are in place for both the employee and employer.
 - c. CAMHI – Bethany Oberg
 - Angst: Thursday, Feb. 9th, 6:30-8:30 at the Buffalo HS – Bethany to send info to Gretchen
 - More events like this to come presented by CAMHI
 - Civil Commitment training on Feb. 9th in Elk River
 - MNMentalHealth.org – you can sign up for flyers to get information on trainings or events
 - d. Wright County – Jill Pooler
 - Civil commitments have seen a large increase since COVID
 - e. Four County Crisis – Sara B.
 - Phone line available 24 hours a day at 320.253.5555
 - Mobile visits as options as well and zoom. Client can also meet at any of the CMMHC buildings
 - Have increased available beds from 5 to 0
 - f. Joycelyn Alexander
 - Senators are in session now – encouraged people to write their senators

Motion to adjourn made by Sandy G., second by Carl H., motion carries. Meeting adjourned 3:29 pm.